



DEL TACO MENU ITEMS - ALLERGEN LIST (DECEMBER 2022)

	Menu Item Name	CLAIMS		ALLERGENS							SENSITIVITIES		
		Vegetarian	Vegan	Milk	Eggs	Fish	Shellfish	Tree Nuts	Peanuts	Wheat	Soybeans	Gluten	MSG
TACOS & TOSTADAS	Beer Battered Crispy Fish Taco			X	X	X				X	X	X	
	Beyond Taco® (Crunchy)*	X		X					*See Below				
	Beyond Taco® (Soft)*	X		X					*See Below	X		X	
	Beyond Guacamole Taco (Crunchy)*	X	X						*See Below				
	Beyond Guacamole Taco (Soft)*	X	X						*See Below	X		X	
	Carne Asada Tacos Del Carbon			X								X	
	Carne Asada Taco Del Carbon Guac'd Up			X								X	
	Chicken Taco Del Carbon			X						X	X	X	
	Chicken Taco Del Carbon Guac'd Up			X						X	X	X	
	Grilled Chicken Taco			X	X					X	X	X	
	Chipotle Crispy Chicken Taco			X	X					X	X	X	
	Chipotle Crispy Chicken Guac'd Up Taco			X	X					X	X	X	
	Habanero Crispy Chicken Taco				X					X		X	
	Habanero Crispy Chicken Guac'd Up Taco				X					X		X	
	Ranch Crispy Chicken Taco			X	X					X		X	
	Ranch Crispy Chicken Guac'd Up Taco			X	X					X		X	
	The Del Taco (Crunchy)			X						X	X	X	
	The Del Taco (Soft)			X						X	X	X	
	Snack Taco (Crunchy)			X						X	X	X	
	Snack Taco (Soft)			X						X	X	X	
	Stuffed Quesadilla Taco - Grilled Chicken			X						X	X	X	
	Stuffed Quesadilla Taco - Grilled Chicken & Guacamole			X						X	X	X	
	Stuffed Quesadilla Taco - Carne Asada			X						X		X	
	Stuffed Quesadilla Taco - Carne Asada & Guacamole			X						X		X	
	Stuffed Quesadilla Taco - Crispy Chicken			X						X		X	
	Stuffed Quesadilla Taco - Crispy Chicken & Guacamole			X						X		X	
	CRUNCHTADAS®	Crunchtada® Tostada	X		X						X	X	X
Queso Beef Crunchtada®				X						X	X	X	
Chicken Guacamole Crunchtada®				X						X	X	X	
BURRITOS & EPIC BURRITOS®	Bean & Cheese Burrito (Green)	X		X						X	X	X	
	Bean & Cheese Burrito (Red)	X		X						X	X	X	
	8 Layer Veggie Burrito	X		X						X	X	X	
	Beyond 8 Layer Burrito	X								X	X	X	
	Chicken Roller (Chipotle)			X	X					X	X	X	
	Chicken Roller (Original)			X						X	X	X	
	Chicken Roller (Ranch)			X	X					X	X	X	
	Classic Grilled Chicken Burrito			X	X					X	X	X	
	Del Beef Burrito™			X						X	X	X	
	Del Combo Burrito™			X						X	X	X	
	Epic Fresh Guacamole Burrito (Grilled Chicken)			X						X	X	X	
	Epic Fresh Guacamole Burrito (Carne Asada)			X						X	X	X	
	Epic Fresh Guacamole Burrito (Beyond Meat®)	X	X						*See Below	X	X	X	
	Epic Loaded Queso Burrito (Grilled Chicken)			X						X	X	X	
	Epic Loaded Queso Burrito (Carne Asada)			X						X	X	X	
	Epic Loaded Queso Burrito (Beyond Meat®)	X		X					*See Below	X	X	X	
	Epic Cali Bacon Burrito (Grilled Chicken)			X						X	X	X	
	Epic Cali Bacon Burrito (Carne Asada)			X						X	X	X	
	Epic Cali Bacon Burrito (Beyond Meat®)	X		X					*See Below	X	X	X	
	Epic Crispy Chicken & Guac Burrito			X	X					X	X	X	
Macho Combo Burrito™			X						X	X	X		
Spicy Grilled Chicken Burrito			X						X	X	X		
BOWLS & SALADS	Signature Taco Salad with Fresh Guac - (Seasoned Beef)			X						X	X	X	
	Signature Taco Salad with Fresh Guac (Grilled Chicken)			X						X	X	X	
	Signature Taco Salad with Fresh Guac (Carne Asada)			X									
	Signature Taco Salad with Fresh Guac (Beyond Meat®)			X									
BURGERS & FRIES	Bacon Double Del® Cheeseburger			X	X					X	X	X	
	Double Del® Cheeseburger			X	X					X	X	X	
	Del Cheeseburger			X	X					X	X	X	
	Carne Asada Fries			X	X								
	Chili Cheddar Fries			X						X	X	X	
	Deluxe Chili Cheddar Fries™			X						X	X	X	
	Queso Loaded Fries			X						X	X	X	
	Crinkle Cut Fries (Small)	X	X										
	Crinkle Cut Fries (Medium)	X	X										
	Crinkle Cut Fries (Macho)	X	X										
3 PC. Chicken & Fries Box (Ranch Dipping Sauce)			X	X					X		X		
3 PC. Chicken & Fries Box (Habanero Dipping Sauce)				X					X		X		
3 PC. Chicken & Fries Box (Chipotle Dipping Sauce)			X	X					X	X	X		
QUESADILLAS & NACHOS	3 Layer Queso Nachos			X						X	X	X	
	Cheddar Quesadilla	X		X						X	X	X	
	Spicy Jack Quesadilla	X		X						X	X	X	
	Chicken Cheddar Quesadilla			X						X	X	X	
	Chicken Spicy Jack Quesadilla			X						X	X	X	
	Chips & Fresh House-made Guac	X	X										
	Chips & Queso Dip	X		X									
	Snack Queso Quesadilla	X		X						X			
	Queso Loaded Nachos (Beef)			X						X	X	X	
	Queso Loaded Nachos (Carne Asada)			X						X	X	X	
	Queso Loaded Nachos (Chicken)			X						X	X	X	



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DESSERTS, SHAKES & SIDES	Caramel Cheesecake Bites	X		X	X					X	X	X	
	Mini Cinnamon Churros	X		X	X					X	X	X	
	Premium Shake (Vanilla)	X		X									
	Premium Shake (Chocolate)	X		X									
	Premium Shake (Strawberry)	X		X									
	Bean & Cheese Cup	X		X						X	X	X	
BREAKFAST	Breakfast Burrito (Egg & Cheese)	X		X	X					X	X	X	
	Breakfast Burrito (Bacon)			X	X					X	X	X	
	Breakfast Burrito (Carne Asada)			X	X					X	X	X	
	Breakfast Roller (Egg & Cheese)	X		X	X					X	X	X	
	Breakfast Roller (Bacon)			X	X					X	X	X	
	Breakfast Toasted Wrap (Egg & Cheese)			X	X					X		X	
	Breakfast Toasted Wrap (Bacon)			X	X					X		X	
	Breakfast Toasted Wrap (Carne Asada)			X	X					X		X	
	Epic Scrambler (Bacon)			X	X					X	X	X	
	Epic Scrambler (Carne Asada)			X	X					X	X	X	
	Hashbrown Sticks (5 Pc.)	X											
	Donut Bites (2 Pc.)	X											
DRINKS	Prima Java Hot Coffee	X	X										
	Prima Java Iced Coffee	X		X									
	Milk (2%)	X		X									
	Simply Orange®	X	X										
	Bottled Water	X	X										
	Real Strawberry Lemonade	X	X										
	Real Strawberry Sprite®	X	X										
FOUNTAIN DRINKS	Fountain Drink (Barq's® Root Beer)	X	X										
	Fountain Drink (Coca-Cola® Cherry)	X	X										
	Fountain Drink (Coca-Cola® ZeroSugar)	X	X										
	Fountain Drink (Coca-Cola®)	X	X										
	Fountain Drink (Diet Coke®)	X	X										
	Fountain Drink (Dr Pepper®)	X	X										
	Fountain Drink (Fanta® Orange)	X	X										
	Fountain Drink (Fuze® Raspberry Tea)	X	X										
	Fountain Drink (Hi-C® Flashin' Fruit Punch)	X	X										
	Fountain Drink (Minute Maid® ZeroSugar Lemonade)	X	X										
	Fountain Drink (Pibb Xtra®)	X	X										
	Fountain Drink (POWERADE® Mountain Berry Blast)	X	X										
	Fountain Drink (Sprite®)	X	X										
	Gold Peak® Iced Tea	X	X										
	INGREDIENTS	Ingredient Name	CLAIMS				ALLERGENS						SENSITIVITIES
Vegetarian			Vegan	Milk	Eggs	Fish	Shellfish	Tree Nuts	Peanuts	Wheat	Soybeans	Gluten	MSG
	100% Beef Patties												
	American Cheese	X		X									
	Avocado	X	X										
	Avocado Caesar Dressing	X		X	X						X		
	Beer Battered Crispy Fish			X		X				X		X	
	Beyond Meat®	X	X										
	Burger Sauce	X		X	X								
	Cabbage	X	X										
	Caramel Cheesecake Bites	X		X	X					X	X	X	
	Carne Asada			X									
	Cheddar Cheese	X		X									
	Chipotle Sauce	X		X	X					X	X	X	
	Chocolate Syrup	X	X										
	Chopped Bacon												
	Cilantro	X	X										
	Cilantro Lime Rice	X	X										
	Cinnamon Churros	X		X	X					X	X	X	
	Coffee	X	X										
	Coffee Creamer	X		X									
	Crinkle Cut Fries	X	X										
	Crispy Chicken									X		X	
	Crunchtada® Shell	X	X										
	Del Inferno Sauce	X	X										
	Del Scorcho Sauce	X	X										
	Eggs	X		X	X								
	Fryer Oil	X	X										
	Green Sauce	X	X										
	Grill Seasoning	X		X	X						X		
	Grilled Chicken			X						X	X	X	
	Habanero Sauce	X			X								
	Hamburger Buns	X	X							X	X	X	
	Hamburger Seasoning	X	X										
	Hashbrown Sticks	X	X										
	House-made Guacamole	X	X										
	Jalapeños	X	X		X								
	Ketchup	X	X										
	Large Taco Shell	X	X										
	Lemons	X	X										
	Lettuce	X	X										
	Lettuce Blend	X	X										
	Lime Seasoning	X	X										
	Limes	X	X										
	Mild Sauce	X	X										
	Onions	X	X										



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		Vegetarian	Vegan	Milk	Eggs	Fish	Shellfish	Tree Nuts	Peanuts	Wheat	Soybeans	Gluten	MSG
	Pinto Beans	X	X							X	X	X	
	Queso Blanco	X		X									
	Ranch Sauce	X		X	X								
	Real Strawberry Topping	X	X										
	Salsa Casera	X	X										
	Salsa Seasoning	X	X										
	Seasoned Beef									X	X	X	
	Seasoned Black Beans	X	X										
	Secret Sauce	X		X	X								
	Snack Taco Shell	X	X										
	Sour Cream	X		X									
	Spicy Jack Cheese	X		X									
	Tomatoes	X	X										
	Tortilla (Burritos)	X	X							X		X	
	Tortilla (Epic Burritos)	X	X							X	X	X	
	Tortilla (Small Burritos)	X	X							X		X	
	Tortilla (Tacos)	X	X							X		X	
	Tortilla (Corn)	X	X										
	Tortilla Chips	X	X										
	Tortilla Strips	X	X										
	Vanilla Shake Mix	X		X									
	Vanilla Syrup	X	X										

Please be advised that there is a possibility for cross contact with allergens and animal products within Del Taco kitchens and prep areas.  
 A vegetarian diet does not include any meat, poultry, game, fish, shellfish or by-products of animal slaughter.  
 A vegan diet avoids animal foods such as meat, poultry, game, fish, shellfish, dairy, eggs and honey.