



DEL TACO MENU ITEMS - NUTRITIONAL LIST (MARCH 2022)

| | Menu Item Name | Serving Size Weight (g) | Calories (kcal) | Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Carbo-hydrates (g) | Dietary Fiber (g) | Total Sugars (g) | Protein (g) |
|--------------------------------------|--|-------------------------|-----------------|---------|-------------------|---------------|------------------|-------------|--------------------|-------------------|------------------|-------------|
| TACOS | Beer Battered Crispy Fish Taco | 124g | 200 | 11 | 2 | 0 | 15 | 460 | 20 | 2 | 2 | 6 |
| | Beyond Taco® (Crunchy) | 125g | 290 | 18 | 10 | 0 | 35 | 520 | 17 | 0 | 1 | 15 |
| | Beyond Taco® (Soft) | 132g | 290 | 16 | 9 | 0 | 35 | 610 | 19 | 2 | 2 | 16 |
| | Beyond Guacamole Taco (Crunchy) | 125g | 190 | 10 | 4 | 0 | 0 | 370 | 18 | 2 | 2 | 8 |
| | Beyond Guacamole Taco (Soft) | 132g | 190 | 8 | 3 | 0 | 0 | 460 | 21 | 2 | 2 | 9 |
| | Carne Asada Tacos Del Carbon | 92g | 120 | 3.5 | 1.5 | 0 | 25 | 420 | 14 | 1 | 1 | 10 |
| | Carne Asada Taco Del Carbon Guac'd Up (NEW) | 104g | 140 | 4.5 | 1.5 | 0 | 25 | 450 | 15 | 2 | 1 | 10 |
| | Chicken Taco Del Carbon | 90g | 110 | 3.5 | 0 | 0 | 30 | 300 | 13 | 0 | 0 | 9 |
| | Chicken Taco Del Carbon Guac'd Up (NEW) | 107g | 130 | 4.5 | 0 | 0 | 30 | 330 | 14 | 2 | 1 | 9 |
| | Grilled Chicken Taco | 104g | 210 | 12 | 3 | 0 | 45 | 510 | 15 | 1 | 1 | 11 |
| | Chipotle Crispy Chicken Taco (NEW) | 97g | 240 | 13 | 4 | 0 | 30 | 520 | 18 | 1 | 1 | 9 |
| | Chipotle Crispy Chicken Guac'd Up Taco (NEW) | 112g | 250 | 15 | 4 | 0 | 30 | 560 | 19 | 1 | 1 | 10 |
| | Crispy Jumbo Shrimp Taco (*NEW-LTO) | 121g | 310 | 18 | 3.5 | 0 | 40 | 630 | 27 | 1 | 2 | 8 |
| | Habanero Crispy Chicken Taco | 97g | 240 | 14 | 4 | 0 | 35 | 540 | 18 | 1 | 1 | 9 |
| | Habanero Crispy Chicken Guac'd Up Taco (NEW) | 112g | 260 | 15 | 4.5 | 0 | 35 | 570 | 19 | 1 | 1 | 10 |
| | Ranch Crispy Chicken Taco | 97g | 230 | 13 | 4 | 0 | 30 | 530 | 18 | 1 | 1 | 10 |
| | Ranch Crispy Chicken Guac'd Up Taco (NEW) | 112g | 250 | 14 | 4 | 0 | 30 | 560 | 19 | 1 | 1 | 10 |
| | The Del Taco (Crunchy) | 125g | 310 | 20 | 11 | 0 | 65 | 540 | 14 | 2 | 2 | 17 |
| | The Del Taco (Soft) | 132g | 300 | 18 | 10 | 0 | 65 | 630 | 16 | 1 | 2 | 18 |
| Snack Taco (Crunchy) | 53g | 120 | 7 | 3.5 | 0 | 20 | 140 | 8 | 1 | 1 | 6 | |
| Snack Taco (Soft) | 69g | 150 | 7 | 3.5 | 0 | 20 | 340 | 14 | 1 | 1 | 7 | |
| STUFFED QUESADILLA TACOS | SQT - Grilled Chicken Taco | 151g | 320 | 14 | 6 | 0 | 60 | 880 | 29 | 1 | 2 | 17 |
| | SQT - Grilled Chicken & Guac Taco | 180g | 350 | 17 | 7 | 0 | 60 | 940 | 32 | 2 | 2 | 18 |
| | SQT - Carne Asada Taco | 151g | 330 | 14 | 8 | 0 | 55 | 990 | 30 | 1 | 2 | 19 |
| | SQT - Carne Asada & Guac Taco | 180g | 360 | 17 | 8 | 0 | 55 | 1060 | 32 | 2 | 2 | 19 |
| | SQT - Crispy Chicken Taco | 195g | 450 | 24 | 9 | 0 | 70 | 1120 | 35 | 1 | 2 | 21 |
| | SQT - Crispy Chicken & Guac Taco | 223g | 480 | 26 | 10 | 0 | 70 | 1180 | 37 | 2 | 2 | 22 |
| | SQT - Crispy Jumbo Shrimp Taco (*NEW-LTO) | 176g | 460 | 25 | 8 | 0 | 60 | 910 | 40 | 1 | 2 | 14 |
| | SQT - Crispy Jumbo Shrimp & Guac Taco (*NEW-LTO) | 204g | 490 | 28 | 8 | 0 | 60 | 980 | 43 | 2 | 3 | 14 |
| *NEW-LTO = NEW LIMITED TIME OFFER | | | | | | | | | | | | |
| CRUNCHTADA® TOSTADAS | Crunchtada® Tostada | 168g | 330 | 14 | 4.5 | 0 | 20 | 400 | 41 | 8 | 1 | 12 |
| | Queso Beef Crunchtada® | 211g | 440 | 22 | 8 | 0 | 45 | 750 | 43 | 9 | 2 | 20 |
| | Chicken Guacamole Crunchtada® | 254g | 480 | 26 | 6 | 0 | 50 | 730 | 46 | 10 | 2 | 21 |
| BURRITOS & EPIC BURRITOS® | Bean & Cheese Burrito (Green) | 237g | 440 | 10 | 4.5 | 0 | 20 | 1210 | 69 | 13 | 0 | 19 |
| | Bean & Cheese Burrito (Red) | 237g | 460 | 10 | 4.5 | 0 | 20 | 1180 | 68 | 13 | 0 | 19 |
| | 8 Layer Veggie Burrito | 343g | 530 | 18 | 7 | 0 | 30 | 1330 | 71 | 10 | 3 | 17 |
| | Beyond 8 Layer Burrito | 329g | 540 | 20 | 9 | 0 | 30 | 1240 | 60 | 10 | 3 | 26 |
| | Chicken Roller (Chipotle) | 102g | 250 | 12 | 3 | 0 | 40 | 660 | 25 | 1 | 0 | 12 |
| | Chicken Roller (Original) | 109g | 220 | 8 | 2.5 | 0 | 40 | 680 | 26 | 0 | 0 | 12 |
| | Chicken Roller (Ranch) | 102g | 250 | 11 | 2.5 | 0 | 40 | 660 | 25 | 1 | 0 | 13 |
| | Classic Grilled Chicken Burrito | 223g | 520 | 32 | 7 | 0 | 75 | 1060 | 39 | 2 | 2 | 19 |
| | Crispy Jumbo Shrimp Burrito (*NEW-LTO) | 314g | 820 | 49 | 9 | 0 | 90 | 1720 | 27 | 0 | 2 | 18 |
| | Del Beef Burrito™ | 223g | 490 | 23 | 11 | 0.5 | 75 | 1210 | 39 | 4 | 2 | 25 |
| | Del Combo Burrito™ | 230g | 470 | 17 | 8 | 0 | 45 | 1200 | 54 | 8 | 1 | 22 |
| | Epic Fresh Guacamole Burrito (Grilled Chicken) | 429g | 720 | 25 | 4.5 | 0 | 90 | 2080 | 88 | 10 | 3 | 37 |
| | Epic Fresh Guacamole Burrito (Carne Asada) | 429g | 750 | 25 | 8 | 1 | 75 | 2440 | 89 | 10 | 4 | 41 |
| | Epic Beyond Fresh Guacamole Burrito (Beyond Meat®) | 459g | 810 | 32 | 12 | 0 | 0 | 2080 | 92 | 13 | 5 | 43 |
| | Epic Loaded Queso Burrito (Grilled Chicken) | 465g | 870 | 44 | 15 | 0 | 145 | 2570 | 75 | 2 | 4 | 44 |
| | Epic Loaded Queso Burrito (Carne Asada) | 465g | 900 | 44 | 19 | 1 | 130 | 2920 | 76 | 2 | 5 | 47 |
| | Epic Loaded Queso Burrito (Beyond Meat®) | 495g | 970 | 50 | 22 | 0 | 55 | 2560 | 79 | 7 | 6 | 49 |
| | Epic Cali Bacon Burrito (Grilled Chicken) | 414g | 1020 | 60 | 18 | 0 | 170 | 2240 | 72 | 4 | 3 | 46 |
| | Epic Cali Bacon Burrito (Carne Asada) | 414g | 1050 | 60 | 22 | 1 | 155 | 2600 | 73 | 4 | 4 | 51 |
| | Epic Cali Bacon Burrito (Beyond Meat®) | 444g | 1090 | 64 | 24 | 0 | 80 | 2190 | 81 | 7 | 6 | 42 |
| | Epic Crispy Chicken & Guac Burrito (NEW RECIPE) | 387g | 880 | 50 | 11 | 0 | 70 | 1750 | 80 | 5 | 5 | 28 |
| | Epic Crispy Fish & Guac Burrito (*NEW-LTO) | 385g | 890 | 49 | 10 | 0 | 45 | 2060 | 90 | 6 | 4 | 24 |
| Macho Combo Burrito™ | 527g | 920 | 39 | 20 | 1 | 110 | 2130 | 91 | 16 | 7 | 44 | |
| Spicy Grilled Chicken Burrito | 287g | 520 | 16 | 5 | 0 | 60 | 1550 | 68 | 7 | 0 | 25 | |
| *NEW-LTO = NEW LIMITED TIME OFFER | | | | | | | | | | | | |



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| | Menu Item Name | Serving Size Weight (g) | Calories (kcal) | Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Carbo-hydrates (g) | Dietary Fiber (g) | Total Sugars (g) | Protein (g) |
|---|--|----------------------------------|-----------------|---------|-------------------|---------------|------------------|-------------|--------------------|-------------------|------------------|-------------|
| SALADS | Taco Salad with Fresh Guac (Seasoned Beef) | 441g | 500 | 33 | 16 | 0.05 | 105 | 1150 | 23 | 1 | 9 | 27 |
| | Taco Salad with Fresh Guac (Carne Asada) | 421g | 440 | 26 | 13 | 0 | 105 | 1370 | 23 | 1 | 8 | 29 |
| | Taco Salad with Fresh Guac (Grilled Chicken) | 421g | 420 | 26 | 10 | 0 | 115 | 1140 | 22 | 1 | 7 | 26 |
| | Taco Salad with Fresh Guac (Beyond Meat [®]) | 441g | 460 | 29 | 15 | 0 | 55 | 1110 | 29 | 4 | 9 | 24 |
| BURGERS & FRIES | Bacon Double Del [®] Cheeseburger | 280g | 760 | 51 | 20 | 2 | 145 | 1840 | 35 | 1 | 7 | 37 |
| | Double Del [®] Cheeseburger | 266g | 690 | 47 | 18 | 2 | 125 | 1230 | 35 | 1 | 7 | 30 |
| | Del Cheeseburger | 191g | 470 | 28 | 10 | 1 | 70 | 1000 | 34 | 1 | 7 | 17 |
| | Carne Asada Fries | 340g | 760 | 56 | 14 | 0 | 75 | 1180 | 46 | 6 | 1 | 21 |
| | Chili Cheddar Fries | 298g | 570 | 35 | 11 | 0 | 50 | 920 | 42 | 5 | 1 | 15 |
| | Deluxe Chili Cheddar Fries [™] | 340g | 610 | 37 | 13 | 0 | 60 | 930 | 44 | 6 | 2 | 16 |
| | Queso Loaded Fries | 393g | 670 | 43 | 15 | 0 | 75 | 1680 | 47 | 5 | 4 | 22 |
| | Crinkle Cut Fries (Small) | 85g | 160 | 10 | 1.5 | 0 | 0 | 190 | 17 | 2 | 0 | 2 |
| | Crinkle Cut Fries (Medium) | 170g | 320 | 19 | 3 | 0 | 0 | 370 | 34 | 4 | 0 | 4 |
| | Crinkle Cut Fries (Macho) | 218g | 410 | 25 | 3.5 | 0 | 0 | 480 | 43 | 5 | 0 | 5 |
| | 3 PC. Crispy Chicken & Fries Box (Ranch Dipping Sauce) | 271g | 690 | 53 | 9 | 0 | 80 | 1320 | 33 | 0 | 3 | 21 |
| 3 PC. Crispy Chicken & Fries Box (Habanero Dipping Sauce) | 271g | 750 | 61 | 11 | 0 | 90 | 1390 | 32 | 0 | 3 | 19 | |
| 3 PC. Crispy Chicken & Fries Box (Chipotle Dipping Sauce) | 271g | 700 | 55 | 10 | 0 | 70 | 1270 | 32 | 0 | 3 | 19 | |
| QUESADILLAS & NACHOS | 3 Layer Queso Nachos | 156g | 270 | 11 | 3 | 0 | 5 | 680 | 36 | 7 | 1 | 9 |
| | Cheddar Quesadilla | 152g | 480 | 27 | 16 | 0 | 85 | 1030 | 35 | 1 | 0 | 22 |
| | Spicy Jack Quesadilla | 152g | 480 | 27 | 14 | 0 | 75 | 1010 | 37 | 1 | 0 | 22 |
| | Chicken Cheddar Quesadilla | 195g | 540 | 30 | 16 | 0 | 115 | 1250 | 36 | 1 | 0 | 29 |
| | Chicken Spicy Jack Quesadilla | 195g | 540 | 30 | 14 | 0 | 105 | 1230 | 39 | 1 | 0 | 30 |
| | Snack Queso Quesadilla | 80 | 230 | 9 | 5 | 0 | 20 | 480 | 27 | 1 | 1 | 8 |
| | Chips & Fresh House-made Guac (Snack-sized) | 91g | 170 | 11 | 1.5 | 0 | 0 | 190 | 18 | 4 | 1 | 2 |
| | Chips & Fresh House-made Guac (Regular-sized) | 176g | 340 | 22 | 3.5 | 0 | 0 | 370 | 36 | 7 | 2 | 5 |
| | Large Queso Loaded Nachos (Seasoned Beef) | 581g | 1060 | 55 | 20 | 1 | 105 | 2510 | 100 | 17 | 8 | 43 |
| | Large Queso Loaded Nachos (Carne Asada) | 553g | 980 | 46 | 16 | 0.5 | 100 | 2700 | 100 | 15 | 7 | 44 |
| | Large Queso Loaded Nachos (Grilled Chicken) | 553g | 960 | 46 | 13 | 0 | 110 | 2460 | 99 | 15 | 6 | 41 |
| | Chips & Queso Dip (Snack-sized) | 113g | 290 | 17 | 5 | 0 | 15 | 570 | 29 | 1 | 1 | 6 |
| | Chips & Queso Dip (Regular-sized) | 283g | 650 | 39 | 13 | 0 | 45 | 1620 | 61 | 3 | 3 | 16 |
| DESSERTS, SHAKES & SIDES | Caramel Cheesecake Bites (2 Pc.) | 122g | 410 | 23 | 8 | 0 | 25 | 500 | 48 | 0 | 16 | 7 |
| | Caramel Cheesecake Bites (4 Pc.) | 244g | 820 | 47 | 16 | 0 | 45 | 1010 | 96 | 0 | 32 | 14 |
| | Mini Cinnamon Churros (2 Pc.) | 51g | 200 | 10 | 1.5 | 0 | 15 | 125 | 25 | 1 | 8 | 1 |
| | Mini Shake (Vanilla) | 184g | 240 | 5 | 3 | 0 | 15 | 135 | 43 | 0 | 36 | 7 |
| | Mini Shake (Chocolate) | 194g | 270 | 5 | 3 | 0 | 15 | 160 | 50 | 0 | 41 | 7 |
| | Mini Shake (Strawberry) | 203g | 260 | 4 | 3 | 0 | 15 | 140 | 48 | 0 | 41 | 7 |
| | Regular Shake (Vanilla) | 397g | 480 | 9 | 5 | 0 | 35 | 270 | 85 | 0 | 72 | 14 |
| | Regular Shake (Chocolate) | 397g | 550 | 9 | 5 | 0 | 35 | 330 | 102 | 0 | 83 | 14 |
| | Regular Shake (Strawberry) | 408g | 520 | 9 | 5 | 0 | 35 | 280 | 96 | 0 | 82 | 14 |
| | Large Shake (Large Vanilla) | 567g | 730 | 13 | 8 | 0 | 50 | 420 | 131 | 0 | 110 | 21 |
| | Large Shake (Large Chocolate) | 624g | 880 | 13 | 8 | 0 | 50 | 540 | 165 | 0 | 134 | 22 |
| | Large Shake (Large Strawberry) | 646g | 820 | 13 | 8 | 0 | 50 | 440 | 153 | 0 | 130 | 21 |
| | Bean & Cheese Cup | 149g | 220 | 3 | 1.5 | 0 | 10 | 570 | 34 | 12 | 0 | 13 |
| | BREAKFAST | Breakfast Burrito (Egg & Cheese) | 195g | 390 | 17 | 7 | 0 | 290 | 930 | 36 | 2 | 0 |
| Breakfast Burrito (Bacon) | | 223g | 520 | 26 | 10 | 0 | 330 | 1530 | 37 | 2 | 0 | 29 |
| Breakfast Burrito (Carne Asada) | | 237g | 460 | 20 | 8 | 0 | 315 | 1280 | 39 | 0 | 0 | 25 |
| Breakfast Roller (Egg & Cheese) | | 116g | 250 | 12 | 5 | 0 | 155 | 600 | 24 | 1 | 0 | 10 |
| Breakfast Roller (Bacon) | | 123g | 290 | 14 | 5 | 0 | 165 | 850 | 24 | 1 | 0 | 15 |
| Breakfast Toasted Wrap (Egg & Cheese) | | 163g | 330 | 18 | 6 | 1 | 155 | 740 | 33 | 0 | 1 | 11 |
| Breakfast Toasted Wrap (Bacon) | | 177g | 410 | 23 | 8 | 0 | 175 | 1030 | 33 | 1 | 1 | 17 |
| Breakfast Toasted Wrap (Carne Asada) | | 205g | 410 | 21 | 8 | 0 | 180 | 1080 | 35 | 1 | 1 | 19 |
| Epic Scrambler (Bacon) | | 441g | 990 | 58 | 21 | 0 | 465 | 2140 | 71 | 2 | 3 | 34 |
| Epic Scrambler (Carne Asada) | | 469g | 940 | 51 | 19 | 0.05 | 480 | 2120 | 74 | 3 | 3 | 38 |
| Hashbrown Sticks (5 Pc.) | | 71g | 230 | 17 | 3.5 | 0 | 0 | 180 | 18 | 0 | 0 | 0 |
| Donut Bites (4 Pc.) | | 51g | 240 | 16 | 6 | 0 | 0 | 150 | 22 | 1 | 8 | 3 |



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| | Menu Item Name | (Small) | | (Medium) | | (Macho) | |
|---|--|---------|------|----------|------|---------|------|
| | | Min | Max | Min | Max | Min | Max |
| QUICK COMBOS (Meals include Fries & Drink) | #1) 2 The Del Tacos Meal | 760 | 980 | 920 | 1240 | 1010 | 1430 |
| | #2) Del Combo Burrito™ Meal | 630 | 830 | 790 | 1090 | 880 | 1280 |
| | #3) Classic Grilled Chicken Burrito Meal | 680 | 880 | 840 | 1140 | 930 | 1330 |
| | #4) Double Del® Cheeseburger Meal | 850 | 1050 | 1010 | 1310 | 1100 | 1500 |
| | #5) 2 Grilled Chicken Tacos Meal | 580 | 780 | 740 | 1040 | 830 | 1230 |
| | #6) The Del Taco & Cheddar Quesadilla Meal | 940 | 1150 | 1100 | 1410 | 1190 | 1600 |
| | #7) 2 Beer Battered Crispy Fish Tacos Meal | 560 | 760 | 720 | 1020 | 810 | 1210 |
| | #8) 2 Crispy Chicken Tacos Meal | 620 | 840 | 780 | 1100 | 870 | 1290 |
| | #9) Del Beef Burrito & The Del Taco Meal | 950 | 1160 | 1110 | 1420 | 1200 | 1610 |
| | #10) Macho Combo Burrito™ Meal | 1080 | 1280 | 1240 | 1540 | 1330 | 1730 |
| STUFFED QUESADILLA TACO MEALS (SQT) (Meals include Fries & Drink) | SQT - 2 Grilled Chicken Tacos Meal | 800 | 1000 | 960 | 1260 | 1050 | 1450 |
| | SQT - 2 Grilled Chicken & Guac Tacos Meal | 860 | 1060 | 1020 | 1320 | 1110 | 1510 |
| | SQT - 2 Carne Asada Tacos Meal | 820 | 1020 | 980 | 1280 | 1070 | 1470 |
| | SQT - 2 Carne Asada & Guac Tacos Meal | 880 | 1080 | 1040 | 1340 | 1130 | 1530 |
| | SQT - 2 Crispy Chicken Tacos Meal | 1060 | 1260 | 1220 | 1520 | 1310 | 1710 |
| | SQT - 2 Crispy Chicken & Guac Tacos Meal | 1120 | 1320 | 1280 | 1580 | 1370 | 1770 |
| | SQT - 2 Crispy Jumbo Shrimp Tacos Meal (*NEW-LTO) | 1080 | 1280 | 1240 | 1540 | 1330 | 1730 |
| | SQT - 2 Crispy Jumbo Shrimp & Guac Tacos Meal (*NEW-LTO) | 1140 | 1340 | 1300 | 1600 | 1390 | 1790 |

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| | | | | | | | |
|--|---|------|------|------|------|------|------|
| EPIC BURRITO MEALS (Meals include Fries & Drink) | Epic Fresh Guacamole Burrito Meal (Grilled Chicken) | 880 | 1080 | 1040 | 1340 | 1130 | 1530 |
| | Epic Fresh Guacamole Burrito Meal (Carne Asada) | 910 | 1110 | 1070 | 1370 | 1160 | 1560 |
| | Epic Beyond Fresh Guacamole Burrito Meal (Beyond Meat®) | 970 | 1170 | 1130 | 1430 | 1220 | 1620 |
| | Epic Loaded Queso Burrito Meal (Grilled Chicken) | 1030 | 1230 | 1190 | 1490 | 1280 | 1680 |
| | Epic Loaded Queso Burrito Meal (Carne Asada) | 1060 | 1260 | 1220 | 1520 | 1310 | 1710 |
| | Epic Loaded Queso Burrito Meal (Beyond Meat®) | 1130 | 1330 | 1290 | 1590 | 1380 | 1780 |
| | Epic Cali Bacon Burrito Meal (Grilled Chicken) | 1180 | 1380 | 1340 | 1640 | 1430 | 1830 |
| | Epic Cali Bacon Burrito Meal (Carne Asada) | 1210 | 1410 | 1370 | 1670 | 1460 | 1860 |
| | Epic Cali Bacon Burrito Meal (Beyond Meat®) | 1250 | 1450 | 1410 | 1710 | 1500 | 1900 |
| | Epic Crispy Chicken & Guac Burrito Meal (NEW RECIPE) | 1040 | 1240 | 1200 | 1500 | 1290 | 1690 |
| Epic Crispy Fish & Guac Burrito Meal (*NEW-LTO) | 1050 | 1250 | 1210 | 1510 | 1300 | 1700 | |

| | | | | | | | |
|---|--|------|------|------|------|------|------|
| BREAKFAST COMBOS (Meals include Hashbrowns & Drink) | Breakfast Toasted Wrap Meal (Egg & Cheese) | 570 | 760 | 570 | 860 | 570 | 960 |
| | Breakfast Toasted Wrap Meal (Bacon) | 650 | 840 | 650 | 940 | 650 | 1040 |
| | Breakfast Toasted Wrap Meal (Carne Asada) | 650 | 840 | 650 | 940 | 650 | 1040 |
| | Breakfast Burrito Meal (Egg & Cheese) | 630 | 820 | 630 | 920 | 630 | 1020 |
| | Breakfast Burrito Meal (Bacon) | 760 | 950 | 760 | 1050 | 760 | 1150 |
| | Breakfast Burrito Meal (Carne Asada) | 700 | 890 | 700 | 990 | 700 | 1090 |
| | Epic Scrambler Meal (Bacon) | 1230 | 1420 | 1230 | 1520 | 1230 | 1620 |
| | Epic Scrambler Meal (Carne Asada) | 1180 | 1370 | 1190 | 1470 | 1190 | 1570 |

| | | | |
|---------------------|--|------|------|
| FIESTA PACKS | Fiesta Pack - 6 Snack Tacos & 6 Bean & Cheese Burritos | 3360 | 3660 |
| | Fiesta Pack - Upgrade to The Del Tacos | 4440 | 4620 |
| | Fiesta Pack - Upgrade to Grilled Chicken Tacos | 3900 | 4020 |

| | Menu Item Name | Meal Calories |
|---|------------------------------------|---------------|
| KID LOCO® MEALS (Meal Includes Small Fry & Bottled Water) | Kids' Hamburger Meal | 490 |
| | Kids' Cheeseburger Meal | 560 |
| | Bean & Cheese Burrito Meal (Green) | 600 |
| | Bean & Cheese Burrito Meal (Red) | 620 |
| | Snack Queso Quesadilla (NEW) | 390 |
| | Snack Taco Meal (Crunchy) | 280 |
| Snack Taco Meal (Soft) | 310 | |



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|---------------|----------------------------------|-------------------------|-----------------|---------|-------------------|---------------|------------------|-------------|--------------------|-------------------|------------------|-------------|
| DRINKS | Prima Java Hot Coffee | 454g | 10 | 0 | 0 | 0 | 0 | 0 | 2 | 0 | 0 | 0 |
| | Prima Java Iced Coffee (Regluar) | 269g | 150 | 2 | 1 | 0 | 10 | 65 | 29 | 0 | 26 | 3 |
| | Prima Java Iced Coffee (Large) | 453g | 250 | 4 | 2 | 0 | 15 | 105 | 50 | 0 | 43 | 5 |
| | Simply Orange® | 326g | 160 | 0 | 0 | 0 | 0 | 0 | 37 | 0 | 33 | 2 |
| | Bottled Water | 479g | 0 | 0 | 0 | 0 | 0 | 10 | 0 | 0 | 0 | 0 |
| | Real Strawberry Lemonade | 528g | 40 | 0 | 0 | 0 | 0 | 15 | 8 | 1 | 7 | 0 |
| | Real Strawberry Sprite® (NEW) | 492g | 170 | 0 | 0 | 0 | 0 | 40 | 45 | 1 | 44 | 0 |

| | Menu Item Name | SMALL (20 oz) | | | | MEDIUM (30 oz) | | | | MACHO (40 oz) | | | |
|------------------------|--|-----------------|-------------|--------------------|------------------|-----------------|-------------|--------------------|------------------|-----------------|-------------|--------------------|------------------|
| | | Calories (kcal) | Sodium (mg) | Carbo-hydrates (g) | Total Sugars (g) | Calories (kcal) | Sodium (mg) | Carbo-hydrates (g) | Total Sugars (g) | Calories (kcal) | Sodium (mg) | Carbo-hydrates (g) | Total Sugars (g) |
| FOUNTAIN DRINKS | Fountain Drink (Barq's® Root Beer) | 200 | 65 | 55 | 54 | 300 | 100 | 82 | 82 | 400 | 135 | 109 | 109 |
| | Fountain Drink (Coca-Cola® Cherry) | 190 | 40 | 42 | 42 | 290 | 75 | 79 | 79 | 380 | 105 | 105 | 105 |
| | Fountain Drink (Coca-Cola® ZeroSugar) | 0 | 50 | 0 | 0 | 0 | 75 | 0 | 0 | 0 | 100 | 0 | 0 |
| | Fountain Drink (Coca-Cola®) | 180 | 50 | 50 | 50 | 280 | 75 | 75 | 75 | 370 | 100 | 100 | 100 |
| | Fountain Drink (Diet Coke®) | 0 | 50 | 0 | 0 | 0 | 90 | 0 | 0 | 0 | 120 | 1 | 0 |
| | Fountain Drink (Dr Pepper®) | 120 | 35 | 33 | 32 | 180 | 55 | 49 | 48 | 240 | 75 | 65 | 64 |
| | Fountain Drink (Fanta® Orange) | 200 | 50 | 55 | 54 | 300 | 75 | 82 | 80 | 400 | 100 | 109 | 107 |
| | Fountain Drink (Fuze® Raspberry Tea) | 110 | 65 | 29 | 28 | 160 | 95 | 43 | 42 | 210 | 125 | 57 | 55 |
| | Fountain Drink (Hi-C® Flashin' Fruit Punch) | 190 | 90 | 53 | 52 | 290 | 135 | 79 | 78 | 390 | 180 | 106 | 103 |
| | Fountain Drink (Minute Maid® ZeroSugar Lemonade) | 10 | 55 | 2 | 0 | 10 | 80 | 4 | 0 | 15 | 105 | 5 | 0 |
| | Fountain Drink (POWERADE® Mountain Berry Blast) | 100 | 140 | 27 | 27 | 160 | 210 | 41 | 41 | 210 | 280 | 55 | 55 |
| | Fountain Drink (Sprite®) | 180 | 85 | 48 | 48 | 270 | 125 | 72 | 72 | 360 | 170 | 97 | 97 |
| | Gold Peak® Iced Tea | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |

* We calculated our nutritional information using standard product formulations and serving sizes and information provided by our suppliers. Actual nutritional values may vary because of seasonal variances; differences in suppliers, ingredients, recipes, and preparation techniques; and rounding of fractional values. You should expect some variation in the nutrition content of the products purchased in our restaurants. We have not included information on limited time promotional offers or test products. The nutritional information applies to our company-owned Del Taco restaurants. Some of our franchised Del Taco restaurants may use different ingredients in the preparation of some of their menu items. Those differences may affect the nutritional values.

*2,000 calories a day is used for general nutrition advice, but calorie needs vary.