



DEL TACO MENU ITEMS - ALLERGEN LIST (NOVEMBER 2023)

	Menu Item Name	CLAIMS					ALLERGENS						SENSITIVITIES	
		Vegetarian	Vegan	Milk	Eggs	Fish	Shellfish	Tree Nuts	Peanuts	Wheat	Soybeans	Sesame	Gluten	MSG
TACOS	Beer Battered Crispy Fish Taco			X	X	X			X	X		X		
	Carne Asada Steak Tacos Del Carbon			X								X		
	Carne Asada Steak Taco Del Carbon Guac'd Up			X								X		
	Chicken Taco Del Carbon			X					X	X		X		
	Chicken Taco Del Carbon Guac'd Up			X					X	X		X		
	Grilled Chicken Taco			X	X				X	X		X		
	Chipotle Crispy Chicken Taco			X	X				X	X		X		
	Chipotle Crispy Chicken Guac'd Up Taco			X	X				X	X		X		
	Habanero Crispy Chicken Taco			X	X				X			X		
	Habanero Crispy Chicken Guac'd Up Taco			X	X				X			X		
	Ranch Crispy Chicken Taco			X	X				X			X		
	Ranch Crispy Chicken Guac'd Up Taco			X	X				X			X		
	The Del Taco (Crunchy)			X					X	X		X		
	The Del Taco (Soft)			X					X	X		X		
	Snack Taco (Crunchy)			X					X	X		X		
	Snack Taco (Soft)			X					X	X		X		
	Crunchtada® Tostada*	X		X					X	X		X		
	Stuffed Quesadilla Taco - Grilled Chicken			X					X	X		X		
Stuffed Quesadilla Taco - Grilled Chicken Guac'd Up			X					X	X		X			
Stuffed Quesadilla Taco - Carne Asada Steak			X					X	X		X			
Stuffed Quesadilla Taco - Carne Asada Steak Guac'd Up			X					X	X		X			
QUESADILLAS & NACHOS	Cheddar Quesadilla	X		X					X			X		
	Chicken Cheddar Quesadilla			X					X	X		X		
	Carne Asada Steak Cheddar Quesadilla			X					X			X		
	Snack Queso Quesadilla	X		X					X	X		X		
	3 Layer Queso Nachos			X					X	X		X		
	Queso Loaded Nachos (Seasoned Beef)			X					X	X		X		
	Queso Loaded Nachos (Grilled Chicken)			X					X	X		X		
	Queso Loaded Nachos (Carne Asada Steak)			X					X	X		X		
	Chips & Fresh House-made Guac*	X	X											
	Chips & Queso Dip*	X		X						X				
SALADS	Taco Salad with Fresh Guac (Seasoned Beef)			X					X	X		X		
	Taco Salad with Fresh Guac (Grilled Chicken)			X					X	X		X		
	Taco Salad with Fresh Guac (Carne Asada Steak)			X					X	X		X		
CLASSIC BURRITOS	8 Layer Veggie Burrito*	X		X					X	X		X		
	Bean & Cheese Burrito (Green)	X		X					X	X		X		
	Bean & Cheese Burrito (Red)	X		X					X	X		X		
	Chicken Cheddar Roller (Chipotle)			X	X				X	X		X		
	Chicken Cheddar Roller (Original)			X					X	X		X		
	Chicken Cheddar Roller (Ranch)			X	X				X	X		X		
	Classic Grilled Chicken Burrito			X	X				X	X		X		
	Del Beef Burrito™			X					X	X		X		
	Del Combo™ Beef & Bean Burrito			X					X	X		X		
	Spicy Grilled Chicken Burrito			X					X	X		X		
EPIC BURRITOS®	Epic Cali Bacon Burrito (Grilled Chicken)			X					X	X		X		
	Epic Cali Bacon Burrito (Carne Asada Steak)			X					X	X		X		
	Epic Crispy Chicken & Guac Burrito (New Recipe!)			X	X				X	X		X		
	Epic Combo Beef & Bean Burrito			X					X	X		X		
	Epic Fresh Guacamole Burrito (Grilled Chicken)			X					X	X		X		
	Epic Fresh Guacamole Burrito (Carne Asada Steak)			X					X	X		X		
	Epic Loaded Queso Burrito (Grilled Chicken)			X					X	X		X		
	Epic Loaded Queso Burrito (Carne Asada Steak)			X					X	X		X		
BURGERS & FRIES	Bacon Double Del® Cheeseburger			X	X				X	X	X	X		
	Double Del® Cheeseburger			X	X				X	X	X	X		
	Del Cheeseburger			X	X				X	X	X	X		
	Carne Asada Steak Fries			X	X									
	Chili Cheddar Fries			X					X	X		X		
	Deluxe Chili Cheddar Fries™			X					X	X		X		
	Queso Loaded Fries			X					X	X		X		
	Crinkle Cut Fries (Small)*	X	X											
	Crinkle Cut Fries (Medium)*	X	X											
	Crinkle Cut Fries (Macho)*	X	X											
	3 Pc. Chicken & Fries Box (Ranch Dipping Sauce)			X	X				X			X		
	3 Pc. Chicken & Fries Box (Habanero Dipping Sauce)			X	X				X			X		
	3 Pc. Chicken & Fries Box (Chipotle Dipping Sauce)			X	X				X	X		X		
KIDS' ITEMS	Bean & Cheese Burrito (Green)	X		X					X	X		X		
	Bean & Cheese Burrito (Red)	X		X					X	X		X		
	Kids' Hamburger								X	X	X	X		
	Kids' Cheeseburger			X					X	X	X	X		
	Snack Taco (Crunchy)			X					X	X		X		
	Snack Taco (Soft)			X					X	X		X		
Snack Queso Quesadilla	X		X					X	X		X			
BREAKFAST	Breakfast Burrito (Egg & Cheese)	X		X	X				X			X		
	Breakfast Burrito (Bacon)			X	X				X			X		



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Hashbrown Sticks*	X	X												
House-made Guacamole	X	X												
Jalapeños	X	X		X										
Ketchup	X	X												
Large Taco Shell	X	X												
Lemons	X	X												
Lettuce	X	X												
Lime Seasoning	X	X												
Limes	X	X												
Mild Sauce	X	X												
Onions	X	X												
Powdered Sugar														
Pinto Beans	X	X							X	X			X	
Queso Blanco	X		X							X				
Ramen (Pasteurized)									X					
Ranch Sauce	X		X	X										
Real Strawberry Topping	X	X												
Salsa Casera	X	X												
Salsa Seasoning	X	X												
Seasoned Beef									X	X			X	
Secret Sauce	X		X	X										
Shredded Beef Birria														
Snack Taco Shell	X	X												
Sour Cream	X		X											
Tomatoes	X	X												

INGREDIENTS	Ingredient Name	CLAIMS		ALLERGENS								SENSITIVITIES		
		Vegetarian	Vegan	Milk	Eggs	Fish	Shellfish	Tree Nuts	Peanuts	Wheat	Soybeans	Sesame	Gluten	MSG
	Tortilla (Burritos)	X	X							X				X
	Tortilla (Epic Burritos)	X	X							X	X			X
	Tortilla (Small Burritos)	X	X							X				X
	Tortilla (Tacos)	X	X							X				X
	Tortilla (Corn)	X	X											
	Tortilla Chips*	X	X											
	Tortilla Strips	X	X											
	Vanilla Shake Mix	X		X										
	Vanilla Syrup	X	X											

Please be advised that there is a possibility for cross contact with allergens and animal products within Del Taco kitchens and prep areas.
 A vegetarian diet does not include any meat, poultry, game, fish, shellfish or by-products of animal slaughter.
 A vegan diet avoids animal foods such as meat, poultry, game, fish, shellfish, dairy, eggs and honey.

Please be advised that there is a possibility for cross contact with sesame seeds (declared a Top 9 Allergen as of January 2023) within Del Taco kitchens and hamburger prep areas.

*Please be aware that our restaurants use the same frying oil to prepare menu items that could have meat in them. All vegetarian ingredients may possibly come into contact with meat ingredients, which may be unacceptable to particular kinds of vegetarian eating plans. We cannot confirm whether any of our ingredients did not come into contact with meat products. This holds true for Del Taco and/or our franchisees.

***May Contain Peanuts

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