



DEL TACO MENU ITEMS - ALLERGEN LIST (January 2025)

	Menu Item Name	CLAIMS	ALLERGENS							SENSITIVITIES				
		Vegetarian	Vegan	Milk	Eggs	Fish	Shellfish	Tree Nuts	Peanuts	Wheat	Soybeans	Sesame	Gluten	MSG
TACOS	Beer Battered Crispy Fish Taco made with Stone [®] Buenaveza Salt & Carne Asada Steak Street Taco			X		X				X	X		X	
	Carne Asada Steak Street Taco			X									X	
	Carne Asada Steak Street Taco Guac'd Up			X									X	
	Grilled Chicken Taco			X	X					X	X		X	
	Chipotle Crispy Chicken Taco			X	X					X	X		X	
	Chipotle Crispy Chicken Guac'd Up Taco			X	X					X	X		X	
	Ranch Crispy Chicken Taco			X	X					X			X	
	Ranch Crispy Chicken Guac'd Up Taco			X	X					X			X	
	The Del Taco			X						X	X		X	
	Snack Taco			X						X	X		X	
	Crunchtada [®] Tostada*	X		X						X	X		X	
CLASSIC BURRITOS	8 Layer Veggie Burrito*	X		X						X	X		X	
	NEW Bean, Rice & Cheese Burrito	X		X						X	X		X	
	Bean & Cheese Burrito (Green)	X		X						X	X		X	
	Bean & Cheese Burrito (Red)	X		X						X	X		X	
	Chicken Cheddar Roller (Chipotle)			X	X					X	X		X	
	Chicken Cheddar Roller (Original)			X						X	X		X	
	Chicken Cheddar Roller (Ranch)			X	X					X	X		X	
	NEW Chipotle Chicken Burrito			X	X					X	X		X	
	Grilled Chicken Burrito			X	X					X	X		X	
	Del Beef Burrito [™]			X						X	X		X	
	Del Combo [™] Beef & Bean Burrito			X						X	X		X	
EPIC BURRITOS [®]	Epic Grilled Chicken Cali Bacon Burrito			X						X	X		X	
	Epic Carne Asada Steak Cali Bacon Burrito			X						X	X		X	
	Epic Combo Beef & Bean Burrito			X						X	X		X	
	Epic Grilled Chicken Fresh Guacamole Burrito			X						X	X		X	
	Epic Carne Asada Steak Fresh Guacamole Burrito			X						X	X		X	
	Epic Grilled Chicken Loaded Queso Burrito			X						X	X		X	
	Epic Carne Asada Steak Loaded Queso Burrito			X						X	X		X	
QUESADILLAS	Cheddar Quesadilla	X		X						X			X	
	Chicken Cheddar Quesadilla			X						X	X		X	
	Mini Cheddar Quesadilla	X		X						X	X		X	
NACHOS & CHIPS	3 Layer Queso Nachos			X						X	X		X	
	Chips & Fresh House-made Guac* (Snack-sized)	X	X											
	Queso Loaded Nachos (Seasoned Beef)			X						X	X		X	
	Queso Loaded Nachos (Grilled Chicken)			X						X	X		X	
	Queso Loaded Nachos (Carne Asada Steak)			X						X	X		X	
BURGERS & FRIES	Carne Asada Steak Fries			X	X									
	Chili Cheddar Fries			X						X	X		X	
	Crinkle Cut Fries*	X	X											
	Deluxe Chili Cheddar Fries [™]			X						X	X		X	
	Double Del [®] Cheeseburger			X	X					X	X	X	X	
	3 Pc. Chicken & Fries Box (Ranch Dipping Sauce)			X	X					X			X	
	3 Pc. Chicken & Fries Box (Chipotle Dipping Sauce)			X	X					X	X		X	
BREAKFAST	Breakfast Burrito (Egg & Cheese)	X		X	X					X			X	
	Breakfast Burrito (Bacon)			X	X					X			X	
	Breakfast Burrito (Carne Asada Steak)			X	X					X			X	
	Breakfast Roller (Egg & Cheese)	X		X	X					X			X	
	Breakfast Roller (Bacon)			X	X					X			X	
	Donut Bites*	X		X	X					X			X	
	Hashbrown Sticks*	X												
SHAKES & DESSERTS	Caramel Cheesecake Bites*	X		X	X					X	X		X	
	NEW Dragon Fruit Blueberry Poppers Shake	X		X										
	Mini Cinnamon Churros*	X		X	X					X	X		X	
	Shake (Vanilla)	X		X										
	Shake (Chocolate)	X		X										
	Shake (Strawberry)	X		X										
DRINKS	Hot Coffee	X	X											
	Iced Coffee	X		X										
	Simply Orange [®]	X	X											
	NEW Dragon Fruit Blueberry Sprite [®] Poppers	X	X											
	NEW Dragon Fruit Blueberry Lemonade Poppers	X	X											
	Bottled Water	X	X											
	Gold Peak [®] Real Brewed Tea	X	X											
	Real Strawberry Lemonade	X	X											
FOUNTAIN DRINKS	Fountain Drink (Barq's [®] Root Beer)	X	X											
	Fountain Drink (Coca-Cola [®] Cherry)	X	X											
	Fountain Drink (Coca-Cola [®] Zero Sugar)	X	X											
	Fountain Drink (Coca-Cola [®])	X	X											
	Fountain Drink (Diet Coke [®])	X	X											
	Fountain Drink (Dr Pepper [®])	X	X											
	Fountain Drink (Fanta [®] Orange)	X	X											
	Fountain Drink (Fuze [®] Raspberry Iced Tea)	X	X											
	Fountain Drink (Hi-C [®] Flashin' Fruit Punch)	X	X											
	Fountain Drink (Mello Yello [®])	X	X											
	Fountain Drink (Minute Maid [®] Zero Sugar Lemonade)	X	X											
	Fountain Drink (POWERADE [®] Mountain Berry Blast)	X	X											
	Fountain Drink (Sprite [®])	X	X											



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INGREDIENTS	Ingredient Name	CLAIMS	ALLERGENS								SENSITIVITIES			
		Vegetarian	Vegan	Milk	Eggs	Fish	Shellfish	Tree Nuts	Peanuts	Wheat	Soybeans	Sesame	Gluten	MSG
	100% Beef Patties													
	American Cheese	X		X										
	Beer Battered Crispy Fish			X		X				X	X			
	Blueberry Poppers													
	Burger Sauce	X		X	X									
	Cabbage	X	X											
	Caramel Cheesecake Bites*	X		X	X					X	X		X	
	Carne Asada Steak			X										
	Cheddar Cheese	X		X										
	Chipotle Sauce	X		X	X					X	X		X	
	Chocolate Syrup	X	X											
	Chopped Bacon													
	Churro Sugar													
	Cilantro	X	X											
	Cilantro Lime Rice	X	X											
	Mini Cinnamon Churros*	X		X	X					X	X		X	
	Coffee	X	X											
	Coffee Creamer	X		X										
	Crinkle Cut Fries*	X	X											
	Crispy Chicken			X	X					X			X	
	Crunchtada® Shell*	X	X											
	Del Inferno Sauce	X	X											
	Del Scorcho Sauce	X	X											
	Dragon Fruit													
	Eggs	X		X	X									
	Fryer Oil*	X	X											
	Green Sauce	X	X											
	Grill Seasoning	X		X	X						X			
	Grilled Chicken			X						X	X		X	
	Hamburger Buns	X	X							X	X	X	X	
	Hamburger Seasoning	X	X											
	Hashbrown Sticks*	X	X											
	House-made Guacamole	X	X											
	Jalapeños	X	X		X									
	Ketchup	X	X											
	Large Taco Shell	X	X											
	Lettuce	X	X											
	Lime Seasoning	X	X											
	Limes	X	X											
	Mild Sauce	X	X											
	Onions	X	X											
	Pinto Beans	X	X							X	X		X	
	Queso Blanco	X		X							X			
	Ranch Sauce	X		X	X									
	Real Strawberry Topping	X	X											
	Salsa Casera	X	X											
	Salsa Seasoning	X	X											
	Seasoned Beef									X	X		X	
	Secret Sauce	X		X	X									
	Snack Taco Shell	X	X											
	Sour Cream	X		X										
	Sprinkles													
	Tomatoes	X	X											
	Tortilla (Burritos)	X	X							X			X	
	Tortilla (Epic Burritos)	X	X							X	X		X	
	Tortilla (Small Burritos)	X	X							X			X	
	Tortilla (Tacos)	X	X							X			X	
	Tortilla (Corn)	X	X											
	Tortilla Chips*	X	X											
	Tortilla Strips	X	X											
	Vanilla Shake Mix	X		X										
	Vanilla Syrup	X	X											

Please be advised that there is a possibility for cross contact with allergens and animal products within Del Taco kitchens and prep areas.
A vegetarian diet does not include any meat, poultry, game, fish, shellfish or by-products of animal slaughter.
A vegan diet avoids animal foods such as meat, poultry, game, fish, shellfish, dairy, eggs and honey.

Please be advised that there is a possibility for cross contact with sesame seeds (declared a Top 9 Allergen as of January 2023) within Del Taco kitchens and hamburger prep areas.

*Please be aware that our restaurants use the same frying oil to prepare menu items that could have meat in them. All vegetarian ingredients may possibly come into contact with meat ingredients, which may be unacceptable to particular kinds of vegetarian eating plans. We cannot confirm whether any of our ingredients did not come into contact with meat products. This holds true for Del Taco and/or our franchisees.

***May Contain Peanuts

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