



DEL TACO MENU ITEMS - ALLERGEN LIST (September 2025)

	Menu Item Name	CLAIMS		ALLERGENS										SENSITIVITIES	
		Vegetarian	Vegan	Milk	Eggs	Fish	Shellfish	Tree Nuts	Peanuts	Wheat	Soybeans	Sesame	Gluten	MSG	
TACOS	Beer Battered Fish Taco			X		X				X	X		X		
	Carne Asada Steak Street Taco			X									X		
	Carne Asada Steak Street Guac'd Up Taco			X									X		
	Del Dorado Chicken Taco			X						X	X		X		
	Grilled Chicken Street Taco			X						X	X		X		
	Grilled Chicken Street Guac'd Up Taco			X						X	X		X		
	Grilled Chicken Taco			X	X					X	X		X		
	Chipotle Crispy Chicken Taco			X	X					X	X		X		
	Chipotle Crispy Chicken Guac'd Up Taco			X	X					X	X		X		
	Ranch Crispy Chicken Taco			X	X					X			X		
	Ranch Crispy Chicken Guac'd Up Taco			X	X					X			X		
	The Del Taco (Crunchy)			X						X	X		X		
	The Del Taco (Soft)			X						X	X		X		
	Snack Taco (Crunchy)			X						X	X		X		
Snack Taco (Soft)			X						X	X		X			
Crunchtada® Tostada*	X		X						X	X		X			
Del Dorado Chicken Crunchtada® *			X						X	X		X			
BURRITOS	6 Layer Veggie Burrito*	X		X						X	X		X		
	Bean & Cheese Burrito (Green)	X		X						X	X		X		
	Bean & Cheese Burrito (Red)	X		X						X	X		X		
	Beef & Cheddar Burrito			X						X	X		X		
	Chicken Cheddar Roller (Chipotle)			X	X					X	X		X		
	Chicken Cheddar Roller (Original)			X						X	X		X		
	Chicken Cheddar Roller (Ranch)			X	X					X	X		X		
	Combo Beef & Bean Burrito			X						X	X		X		
	Del Dorado Chicken Grilled Burrito			X						X	X		X		
	Grilled Chicken Burrito			X	X					X	X		X		
	Spicy Grilled Chicken Burrito			X						X	X		X		
	EPIC BURRITOS®	Epic Grilled Chicken Cali Bacon Burrito			X						X	X		X	
		Epic Carne Asada Steak Cali Bacon Burrito			X						X	X		X	
		Epic Combo Beef & Bean Burrito			X						X	X		X	
Epic Grilled Chicken Fresh Guacamole Burrito				X						X	X		X		
Epic Carne Asada Steak Fresh Guacamole Burrito				X						X	X		X		
Epic Grilled Chicken Loaded Queso Burrito				X						X	X		X		
Epic Carne Asada Steak Loaded Queso Burrito				X						X	X		X		
Del Dorado Chicken Epic Burrito				X						X	X		X		
MACHO BURRITOS	Macho Beef Burrito			X						X	X		X		
	Macho Carne Asada Steak & Bean Burrito			X						X	X		X		
	Macho Chicken & Bean Burrito			X						X	X		X		
	Macho Combo™ Beef & Bean Burrito			X						X	X		X		
	Del Dorado Chicken Macho Burrito			X						X	X		X		
QUESADILLAS & NACHOS	Cheddar Quesadilla	X		X						X			X		
	Chicken Cheddar Quesadilla			X						X	X		X		
	Del Dorado Chicken Quesadilla			X						X	X		X		
	Mini Cheddar Quesadilla	X		X						X	X		X		
	3 Layer Queso Nachos			X						X	X		X		
	Queso Loaded Nachos (Seasoned Beef)			X						X	X		X		
	Queso Loaded Nachos (Grilled Chicken)			X						X	X		X		
	Queso Loaded Nachos (Carne Asada Steak)			X						X	X		X		
SIDES	Bean & Cheese Cup												X		
	Chips & Fresh House-made Guac* (Snack-sized and Regular sized)	X	X												
	Chips & Queso Dip (Snack-sized and Regular sized)														
SALADS	Taco Salad with Fresh Guac (Seasoned Beef)			X						X	X		X		
	Taco Salad with Fresh Guac (Grilled Chicken)			X						X	X		X		
	Taco Salad with Fresh Guac (Carne Asada Steak)			X						X	X		X		
BURGERS & FRIES	Bacon Double Del® Cheeseburger			X	X					X	X	X	X		
	Double Del® Cheeseburger			X	X					X	X	X	X		
	Del Cheeseburger			X	X					X	X	X	X		
	Carne Asada Steak Fries			X	X										
	Chili Cheddar Fries			X						X	X		X		
	Crinkle Cut Fries*	X	X												
	Deluxe Chili Cheddar Fries™			X						X	X		X		
	Queso Loaded Fries			X						X	X		X		
	3 Pc. Chicken & Fries Box (Ranch Dipping Sauce)			X	X					X			X		
3 Pc. Chicken & Fries Box (Chipotle Dipping Sauce)			X	X					X	X		X			
BREAKFAST	Breakfast Burrito (Egg & Cheese)	X		X	X					X			X		
	Breakfast Burrito (Bacon, Egg & Cheese)			X	X					X			X		
	Breakfast Burrito (Carne Asada Steak, Egg & Cheese)			X	X					X			X		
	Breakfast Roller (Egg & Cheese)	X		X	X					X			X		
	Breakfast Roller (Bacon, Egg & Cheese)			X	X					X			X		
	Donut Bites*	X		X	X					X			X		
	Hashbrown Sticks*	X													
SHAKES & DESSERTS	Caramel Cheesecake Bites*	X		X	X					X	X		X		
	Orange Cream Shake	X		X											
	Mini Cinnamon Churros*	X		X	X					X	X		X		
	Shake (Vanilla)	X		X											
	Shake (Chocolate)	X		X											
	Shake (Strawberry)	X		X											



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		Vegetarian	Vegan	Milk	Eggs	Fish	Shellfish	Tree Nuts	Peanuts	Wheat	Soybeans	Sesame	Gluten	MSG	
DRINKS	Hot Coffee	X	X												
	Iced Coffee	X		X											
	Simply Orange®	X	X												
	Bottled Water	X	X												
	Gold Peak® Real Brewed Tea - Unsweetened	X	X												
	Gold Peak® Real Brewed Tea - Sweet Tea	X	X												
	Real Strawberry Lemonade	X	X												
Real Strawberry Sprite®	X	X													
FOUNTAIN DRINKS	Fountain Drink (Barq's® Root Beer)	X	X												
	Fountain Drink (Coca-Cola® Cherry)	X	X												
	Fountain Drink (Coca-Cola® ZeroSugar)	X	X												
	Fountain Drink (Coca-Cola®)	X	X												
	Fountain Drink (Diet Coke®)	X	X												
	Fountain Drink (Dr Pepper®)	X	X												
	Fountain Drink (Fanta® Orange)	X	X												
	Fountain Drink (Fuze® Raspberrv Iced Tea)	X	X												
	Fountain Drink (Hi-C® Flashin' Fruit Punch)	X	X												
	Fountain Drink (Mello Yello™)	X	X												
	Fountain Drink (Minute Maid® Zero Sugar Lemonade)	X	X												
	Fountain Drink (POWERADE® Mountain Berry Blast)	X	X												
	Fountain Drink (Sprite®)	X	X												
	Menu Item Name	CLAIMS		ALLERGENS										SENSITIVITIES	
		Vegetarian	Vegan	Milk	Eggs	Fish	Shellfish	Tree Nuts	Peanuts	Wheat	Soybeans	Sesame	Gluten	MSG	
INGREDIENTS	100% Beef Patties			X											
	American Cheese	X		X											
	Beer Battered Fish			X		X				X	X				
	Burger Sauce	X		X	X										
	Cabbage	X	X												
	Caramel Cheesecake Bites*	X		X	X					X	X		X		
	Carne Asada Steak			X											
	Carnitas														
	Cheddar Cheese	X		X											
	Chipotle Sauce	X		X	X					X	X		X		
	Chocolate Syrup	X	X												
	Chopped Bacon														
	Churro Sugar														
	Cilantro	X	X												
	Cilantro Lime Rice	X	X												
	Mini Cinnamon Churros*	X		X	X	X					X	X		X	
	Coffee	X	X												
	Coffee Creamer	X		X											
	Crinkle Cut Fries*	X	X												
	Crispy Chicken			X	X						X			X	
	Crunchtada® Shell*	X	X												
	Del Inferno Sauce	X	X												
	Del Scorcho Sauce	X	X												
	Eggs	X		X	X										
	Fryer Oil*	X	X												
	Green Sauce	X	X												
	Grill Seasoning	X		X	X							X			
	Grilled Chicken			X							X	X		X	
	Hamburger Buns	X	X								X	X	X	X	
	Hamburger Seasoning	X	X												
	Hashbrown Sticks*	X	X												
	House-made Guacamole	X	X												
	Jalapeños	X	X		X										
	Ketchup	X	X												
	Large Taco Shell	X	X												
	Lettuce	X	X												
	Lime Seasoning	X	X												
	Limes	X	X												
	Mild Sauce	X	X												
	Onions	X	X												
	Pico De Gallo	X	X												
	Pinto Beans	X	X								X	X		X	
	Queso Blanco	X		X								X			
	Ranch Sauce	X		X	X	X									
	Red Sauce	X	X												
	Real Strawberry Topping	X	X												
	Roasted Salsa Roja														
	Salsa Casera	X	X												
	Salsa Seasoning	X	X												
	Seasoned Beef										X	X		X	
	Secret Sauce	X		X	X										
	Snack Taco Shell	X	X												
	Sour Cream	X		X											
	Spicy Jack Cheese			X											
	Tomatoes	X	X												
	Tortilla (Burritos)	X	X								X			X	
	Tortilla (Epic Burritos)	X	X								X	X		X	
	Tortilla (Small Burritos)	X	X								X			X	
	Tortilla (Tacos)	X	X								X			X	
	Tortilla (Corn)	X	X												
	Tortilla Chips*	X	X												
	Tortilla Strips	X	X												
	Vanilla Shake Mix	X		X											
	Vanilla Syrup	X	X												



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Please be advised that there is a possibility for cross contact with allergens and animal products within Del Taco kitchens and prep areas. A vegetarian diet does not include any meat, poultry, game, fish, shellfish or by-products of animal slaughter.
Please be advised that there is a possibility for cross contact with sesame seeds (declared a Top 9 Allergen as of January 2023) within Del Taco kitchens and hamburger prep areas.
*Please be aware that our restaurants use the same frying oil to prepare menu items that could have meat in them. All vegetarian ingredients may possibly come into contact with meat ingredients, which may be unacceptable to particular kinds of vegetarian
***May Contain Peanuts
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