



DEL TACO MENU ITEMS ALLERGEN GUIDE (APRIL 2019)

| | Menu Item Name | CLAIMS | | ALLERGENS | | | | | | | | SENSITIVITIES | |
|-----------------------------------|---|--------------------|-------|-----------|------|------|-----------|-----------|---------|-------|----------|---------------|-----|
| | | Vegetarian | Vegan | Milk | Eggs | Fish | Shellfish | Tree Nuts | Peanuts | Wheat | Soybeans | Gluten | MSG |
| TACOS & TOSTADAS | Beer Battered Fish Taco | | | X | X | X | | | | X | X | X | |
| | Beyond Taco | X | | X | | | | | | | | | |
| | Beyond Avocado Taco | X | X | | | | | | | | | | |
| | Street Taco (Carne Asada) | | | X | | | | | | | | | |
| | Street Taco (Chicken) | | | X | | | | | X | X | X | | |
| | CrunchTada Tostada | X | | X | | | | | X | X | X | | |
| | Flatbread Taco (Carne Asada) | | | X | X | | | | X | X | X | | |
| | Flatbread Taco (Chicken) | | | X | X | | | | X | X | X | | |
| | Grilled Chicken Taco | | | X | X | | | | X | X | X | | |
| | The Del Taco (Crunchy) | | | X | | | | | X | X | X | | |
| | The Del Taco (Soft) | | | X | | | | | X | X | X | | |
| | The Turkey Del Taco (Crunchy) | | | X | | | | | X | X | X | | |
| | The Turkey Del Taco (Soft) | | | X | | | | | X | X | X | | |
| | Value Taco (Crunchy) | | | X | | | | | X | X | X | | |
| Value Taco (Soft) | | | X | | | | | X | X | X | | | |
| BURRITOS | 1/2lb Bean & Cheese Burrito (Green) | X | | X | | | | | X | X | X | | |
| | 1/2lb Bean & Cheese Burrito (Red) | X | | X | | | | | X | X | X | | |
| | 8 Layer Veggie Burrito | X | | X | | | | | X | X | X | | |
| | Carne Asada Wet Burrito | | | X | | | | | X | X | X | | |
| | Chicken Roller (Chipotle) | | | X | X | | | | X | X | X | | |
| | Chicken Roller (Original) | | | X | | | | | X | X | X | | |
| | Chicken Roller (Ranch) | | | X | X | | | | X | X | X | | |
| | Chicken Verde Wet Burrito | | | X | | | | | X | X | X | | |
| | Classic Grilled Chicken Burrito | | | X | X | | | | X | X | X | | |
| | Del Beef Burrito™ | | | X | | | | | X | X | X | | |
| | Del Combo Burrito™ | | | X | | | | | X | X | X | | |
| | Del Turkey Combo Burrito | | | X | | | | | X | X | X | | |
| | Epic Cali Steak & Guac Burrito | | | X | | | | | X | X | X | | |
| | Epic Carne Asada Burrito | | | X | | | | | X | X | X | | |
| | Epic Grilled Chicken Avocado Burrito | | | X | | | | | X | X | X | | |
| | Epic Queso Chicken Burrito | | | X | | | | | X | X | X | | |
| | Epic Steak & Potato Burrito | | | X | X | | | | X | X | X | | |
| | Jacked Up Value Bean, Rice & Cheese Burrito | | | X | | | | | X | X | X | | |
| | Kid's Value Bean & Cheese Burrito (Green) | X | | X | | | | | X | X | X | | |
| | Kid's Value Bean & Cheese Burrito (Red) | X | | X | | | | | X | X | X | | |
| Macho Combo Burrito™ | | | X | | | | | X | X | X | | | |
| Spicy Grilled Chicken Burrito | | | X | | | | | X | X | X | | | |
| FRESCA BOWLS | Avocado Veggie Bowl | X | X | | | | | | | X | | | |
| | Pollo Asado Avocado Bowl | | | X | | | | | X | X | X | | |
| AMERICAN GRILL | Bacon Double Del Cheeseburger® | | | X | X | | | | X | X | X | | |
| | Carne Asada Fries | | | X | X | | | | | | | | |
| | Cheeseburger | | | X | | | | | X | X | X | | |
| | Chili Cheddar Fries | | | X | | | | | X | X | X | | |
| | Crinkle-Cut Fries (Kids) | X | X | | | | | | | | | | |
| | Crinkle-Cut Fries (Small) | X | X | | | | | | | | | | |
| | Crinkle-Cut Fries (Medium) | X | X | | | | | | | | | | |
| | Crinkle-Cut Fries (Macho) | X | X | | | | | | | | | | |
| | Del Cheeseburger™ | | | X | X | | | | X | X | X | | |
| | Deluxe Chili Cheddar Fries | | | X | | | | | X | X | X | | |
| | Double Del Cheeseburger® | | | X | X | | | | X | X | X | | |
| | Kid's Hamburger | | | | | | | | X | X | X | | |
| | Queso Loaded Fries | | | X | | | | | X | X | X | | |
| | QUESADILLAS & NACHOS | Cheddar Quesadilla | X | | X | | | | | X | X | X | |
| Chicken Cheddar Quesadilla | | | | X | | | | | X | X | X | | |
| Chicken Spicy Jack Quesadilla | | | | X | | | | | X | X | X | | |
| Chicken Quesadilla Snacker | | | | X | | | | | X | X | X | | |
| Kid's Quesadilla | | X | | X | | | | | X | X | X | | |
| Queso Loaded Nachos (Beef) | | | | X | | | | | X | X | X | | |
| Queso Loaded Nachos (Carne Asada) | | | | X | | | | | X | X | X | | |
| Queso Loaded Nachos (Chicken) | | | | X | | | | | X | X | X | | |
| Mini Bacon Quesadilla | | | | X | | | | | X | X | X | | |
| Mini Cheddar Quesadilla | | X | | X | | | | | X | X | X | | |
| Spicy Jack Quesadilla | | X | | X | | | | | X | X | X | | |

| | | CLAIMS | | ALLERGENS | | | | | | | | SENSITIVITIES | |
|-----------------------------------|--|------------|-------|-----------|------|------|-----------|-----------|---------|-------|----------|---------------|-----|
| | | Vegetarian | Vegan | Milk | Eggs | Fish | Shellfish | Tree Nuts | Peanuts | Wheat | Soybeans | Gluten | MSG |
| DESSERTS & SHAKES | Cinnamon Churro | X | | X | X | | | | | X | X | X | |
| | Caramel Cheesecake Bites | X | | X | X | | | | | X | X | X | |
| | Chocolate Chip Cookies | X | | X | X | | | | | X | X | X | |
| | Churro Dipper Shake | X | | X | X | | | | | X | X | X | |
| | Premium Shake (Chocolate) | X | | X | | | | | | | | | |
| | Premium Shake (Strawberry) | X | | X | | | | | | | | | |
| Premium Shake (Vanilla) | X | | X | | | | | | | | | | |
| HANDCRAFTED ENSALADAS | Chicken Bacon Avocado Salad | | | X | X | | | | | X | X | X | |
| | Mexican Chopped Chicken Salad | | | X | | | | | | X | X | X | |
| | Signature Taco Salad | | | X | | | | | | X | X | X | |
| PLATOS | Chicken Verde Wet Burrito | | | X | | | | | | X | X | X | |
| | Carne Asada Wet Burrito | | | X | | | | | | X | X | X | |
| | 2 Del Tacos (Beef) | | | X | | | | | | X | X | X | |
| | 2 Del Tacos (Turkey) | | | X | | | | | | X | X | X | |
| | 2 Street Tacos (Grilled Chicken) | | | X | | | | | | X | X | X | |
| | 2 Street Tacos (Carne Asada) | | | X | | | | | | X | X | X | |
| | 2 Beer Battered Fish Tacos | | | X | X | X | | | | X | X | X | |
| SIDES | Bean & Cheese Cup | X | | X | | | | | | X | X | X | |
| | Potato Poppers (4 Piece) | X | | X | | | | | | X | X | X | |
| | Potato Poppers (6 Piece) | X | | X | | | | | | X | X | X | |
| BREAKFAST | Breakfast Roller (Bacon) | | | X | X | | | | | X | X | X | |
| | Breakfast Burrito | X | | X | X | | | | | X | X | X | |
| | Breakfast Burrito (Bacon) | | | X | X | | | | | X | X | X | |
| | Breakfast Burrito (Carne Asada) | | | X | X | | | | | X | X | X | |
| | Breakfast Burrito (Chorizo) | | | X | X | | | | | X | X | X | |
| | Breakfast Taco (Bacon) | | | X | X | | | | | X | X | X | |
| | Breakfast Taco (Carne Asada) | | | X | X | | | | | X | X | X | |
| | Breakfast Taco (Chorizo) | | | X | X | | | | | X | X | X | |
| | Breakfast Taco (Egg & Cheese) | X | | X | X | | | | | X | X | X | |
| | Breakfast Roller (Chorizo) | | | X | X | | | | | X | X | X | |
| | Breakfast Roller (Egg & Cheese) | X | | X | X | | | | | X | X | X | |
| | Epic Scrambler (Bacon) | | | X | X | | | | | X | X | X | |
| | Epic Scrambler (Carne Asada) | | | X | X | | | | | X | X | X | |
| Epic Scrambler (Chorizo) | | | X | X | | | | | X | X | X | | |
| Epic Scrambler (Huevos Rancheros) | | | X | X | | | | | X | X | X | | |
| Hashbrown Sticks (5 pieces) | X | | | | | | | | | | | | |
| DRINKS | Prima Java Hot Coffee | X | X | | | | | | | | | | |
| | Prima Java Iced Coffee | X | | X | | | | | | | | | |
| | Milk (2%) | X | | X | | | | | | | | | |
| | Simply Orange | X | X | | | | | | | | | | |
| | Bottled Water | X | X | | | | | | | | | | |
| | Real Strawberry Lemonade | X | X | | | | | | | | | | |
| FOUNTAIN DRINKS | Fountain Drink (Barq's Root Beer) | X | X | | | | | | | | | | |
| | Fountain Drink (Cherry Coke) | X | X | | | | | | | | | | |
| | Fountain Drink (Coca-Cola Zero) | X | X | | | | | | | | | | |
| | Fountain Drink (Coca-Cola) | X | X | | | | | | | | | | |
| | Fountain Drink (Diet Coke) | X | X | | | | | | | | | | |
| | Fountain Drink (Dr Pepper) | X | X | | | | | | | | | | |
| | Fountain Drink (Fanta Orange) | X | X | | | | | | | | | | |
| | Fountain Drink (Fuze Raspberry Ice Tea) | X | X | | | | | | | | | | |
| | Fountain Drink (Hi C Fruit Punch) | X | X | | | | | | | | | | |
| | Fountain Drink (Minute Maid Light Lemonade) | X | X | | | | | | | | | | |
| | Fountain Drink (Mr. Pibb Xtra) | X | X | | | | | | | | | | |
| | Fountain Drink (Power Aid Blue Mountain Blast) | X | X | | | | | | | | | | |
| | Fountain Drink (Sprite) | X | X | | | | | | | | | | |
| | Gold Peak Tea | X | X | | | | | | | | | | |

| INGREDIENTS | Ingredient Name | CLAIMS | | ALLERGENS | | | | | | | SENSITIVITIES | |
|-------------|------------------------------|------------|-------|-----------|------|------|-----------|-----------|---------|-------|---------------|--------|
| | | Vegetarian | Vegan | Milk | Eggs | Fish | Shellfish | Tree Nuts | Peanuts | Wheat | Soybeans | Gluten |
| | 100% USDA Beef Patties | | | | | | | | | | | |
| | Avocado | X | X | | | | | | | | | |
| | Beer Battered Fish | | | X | | X | | | | X | | X |
| | Burger Sauce | X | | X | X | | | | | | | |
| | Cabbage | X | X | | | | | | | | | |
| | Caramel Cheesecake Bites | X | | X | X | | | | X | X | X | |
| | Carne Asada | | | X | | | | | | | | |
| | Cheddar Cheese | X | | X | | | | | | | | |
| | Cheddar Potato Poppers | X | | X | | | | | X | | X | |
| | Chipotle Sauce | X | | X | X | | | | X | X | X | |
| | Chocolate Chip Cookies | X | | X | X | | | | X | X | X | |
| | Chocolate Syrup | X | X | | | | | | | | | |
| | Chopped Bacon | | | | | | | | | | | |
| | Chorizo Sausage | | | | | | | | | | | |
| | Cilantro | X | X | | | | | | | | | |
| | Cilantro Pepita Dressing | X | | X | X | | | | | | | |
| | Cinnamon Churro | X | | X | X | | | | X | X | X | |
| | Coffee | X | X | | | | | | | | | |
| | Coffee Creamer | X | | X | | | | | | | | |
| | Corn Tortilla | X | X | | | | | | | | | |
| | Creamy Ranch | X | | X | X | | | | | | | |
| | Crinkle Cut Fries | X | X | | | | | | | | | |
| | Del Scorcho Sauce | X | X | | | | | | | | | |
| | Dill Pickle Chips | X | X | | | | | | | | | |
| | Eggs | X | | | X | | | | | | | |
| | Flatbread | X | | X | | | | | X | X | X | |
| | Fresca Lime Rice | X | X | | | | | | | X | | |
| | Freshly Fried Tortilla Chips | X | X | | | | | | | | | |
| | Fryer Oil | X | X | | | | | | | | | |
| | Green Sauce | X | X | | | | | | | | | |
| | Grill Seasoning | X | | X | X | | | | | X | | |
| | Grilled Marinated Chicken | | | X | | | | | X | X | X | |
| | Guacamole | X | X | | | | | | | | | |
| | Hamburger Buns | X | X | | | | | | X | X | X | |
| | Hamburger Seasoning | X | X | | | | | | | | | |
| | Hashbrown Sticks | X | X | | | | | | | | | |
| | Inferno Sauce | X | X | | | | | | | | | |
| | Jalapeno Peppers | X | X | | X | | | | | | | |
| | Jumbo Shrimp | | | X | X | | X | | X | X | X | |
| | Ketchup | X | X | | | | | | | | | |
| | Large Taco Shell | X | X | | | | | | | | | |
| | Lemons | X | X | | | | | | | | | |
| | Lettuce | X | X | | | | | | | | | |
| | Lettuce Blend | X | X | | | | | | | | | |
| | Lime Seasoning | X | X | | | | | | | | | |
| | Limes | X | X | | | | | | | | | |
| | Mild Salsa Bar | X | X | | | | | | | | | |
| | Mild Sauce | X | X | | | | | | | | | |
| | Milk 2% | X | | X | | | | | | | | |
| | Onions | X | X | | | | | | | | | |
| | Pinto Beans | X | X | | | | | | X | X | X | |
| | Queso Sauce | X | | X | | | | | | | | |
| | Real Strawberry Topping | X | X | | | | | | | | | |
| | Roasted Chile Salsa | X | X | | | | | | | | | |
| | Salsa Bar Hot | X | X | | | | | | | | | |
| | Salsa Casera | X | X | | | | | | | | | |
| | Salsa Seasoning | X | X | | | | | | | | | |
| | Seasoned Beef | | | | | | | | X | X | X | |
| | Seasoned Black Beans | X | X | | | | | | | | | |
| | Secret Sauce | X | | X | X | | | | | | | |
| | Sharp American Cheese | X | | X | | | | | | | | |
| | Sour Cream | X | | X | | | | | | | | |
| | Spicy Jack Cheese | X | | X | | | | | | | | |
| | Tomatoes | X | X | | | | | | | | | |
| | Tortilla (Burritos) | X | X | | | | | | X | | X | |
| | Tortilla (Epic Burritos) | X | X | | | | | | X | X | X | |
| | Tortilla (Small Burritos) | X | X | | | | | | X | | X | |
| | Tortilla (Tacos) | X | X | | | | | | X | | X | |
| | Tostada Shell | X | X | | | | | | | | | |
| | Turkey Taco Meat | | | | | | | | X | X | X | |

| | | | | | | | | | | | | | |
|---|---|---|---|--|--|--|--|--|--|--|--|--|--|
| Value Taco Shell | X | X | | | | | | | | | | | |
| Vanilla Shake | X | | X | | | | | | | | | | |
| Vanilla Syrup | X | X | | | | | | | | | | | |
| Whipped Cream | X | | X | | | | | | | | | | |
| Please be advised that there is a possibility for cross contact with allergens and animal products within Del Taco kitchens and prep areas. | | | | | | | | | | | | | |
| <p>A vegetarian diet does not include any meat, poultry, game, fish, shellfish or by-products of animal slaughter.</p> <p>A vegan diet avoids animal foods such as meat, poultry, game, fish, shellfish, dairy, eggs and honey.</p> | | | | | | | | | | | | | |