

DEL TACO MENU ITEMS ALLERGEN GUIDE (OCTOBER 2018)



| | Menu Item Name | ALLERGENS | | | | | | | | SENSITIVITIES | |
|---------------------------------|---|-----------|------|------|-----------|-----------|---------|-------|----------|---------------|-----|
| | | Milk | Eggs | Fish | Shellfish | Tree Nuts | Peanuts | Wheat | Soybeans | Gluten | MSG |
| TACOS & TOSTADAS | Beer Battered Fish Taco | X | X | X | | | | X | X | X | |
| | Street Taco (Carne Asada) | X | | | | | | | | | |
| | Street Taco (Chicken) | X | | | | | | X | X | X | |
| | CrunchTada Tostada | X | | | | | | X | X | X | |
| | Flatbread Taco (Carne Asada) | X | X | | | | | X | X | X | |
| | Flatbread Taco (Chicken) | X | X | | | | | X | X | X | |
| | Grilled Chicken Taco | X | X | | | | | X | X | X | |
| | The Del Taco (Crunchy) | X | | | | | | X | X | X | |
| | The Del Taco (Soft) | X | | | | | | X | X | X | |
| | The Turkey Del Taco (Crunchy) | X | | | | | | X | X | X | |
| | The Turkey Del Taco (Soft) | X | | | | | | X | X | X | |
| | Value Taco (Crunchy) | X | | | | | | X | X | X | |
| | Value Taco (Soft) | X | | | | | | X | X | X | |
| BURRITOS | 1/2lb Bean & Cheese Burrito (Green) | X | | | | | | X | X | X | |
| | 1/2lb Bean & Cheese Burrito (Red) | X | | | | | | X | X | X | |
| | 8 Layer Veggie Burrito | X | | | | | | X | X | X | |
| | Carne Asada Wet Burrito | X | | | | | | X | X | X | |
| | Chicken Roller (Chipotle) | X | X | | | | | X | X | X | |
| | Chicken Roller (Original) | X | | | | | | X | X | X | |
| | Chicken Roller (Ranch) | X | X | | | | | X | X | X | |
| | Chicken Verde Wet Burrito | X | | | | | | X | X | X | |
| | Classic Grilled Chicken Burrito | X | X | | | | | X | X | X | |
| | Del Beef Burrito™ | X | | | | | | X | X | X | |
| | Del Combo Burrito™ | X | | | | | | X | X | X | |
| | Del Turkey Combo Burrito | X | | | | | | X | X | X | |
| | Epic Bacon Ranch Chicken Avocado Burrito | X | X | | | | | X | X | X | |
| | Epic Cali Steak & Guac Burrito | X | | | | | | X | X | X | |
| | Epic Carne Asada Burrito | X | | | | | | X | X | X | |
| | Epic Grilled Chicken Avocado Burrito | X | | | | | | X | X | X | |
| | Epic Steak & Potato Burrito | X | X | | | | | X | X | X | |
| | Jacked Up Value Bean, Rice & Cheese Burrito | X | | | | | | X | X | X | |
| | Kid's Value Bean & Cheese Burrito (Green) | X | | | | | | X | X | X | |
| | Kid's Value Bean & Cheese Burrito (Red) | X | | | | | | X | X | X | |
| Macho Combo Burrito™ | X | | | | | | X | X | X | | |
| Spicy Grilled Chicken Burrito | X | | | | | | X | X | X | | |
| FRESCA BOWLS | Avocado Veggie Bowl | | | | | | | | X | | |
| | Pollo Asado Avocado Bowl | X | | | | | | X | X | X | |
| AMERICAN GRILL | Bacon Double Del Cheeseburger® | X | X | | | | | X | X | X | |
| | Carne Asada Fries | X | X | | | | | | | | |
| | Cheeseburger | X | | | | | | X | X | X | |
| | Chili Cheddar Fries | X | | | | | | X | X | X | |
| | Crinkle-Cut Fries (Kids) | | | | | | | | | | |
| | Crinkle-Cut Fries (Small) | | | | | | | | | | |
| | Crinkle-Cut Fries (Medium) | | | | | | | | | | |
| | Crinkle-Cut Fries (Macho) | | | | | | | | | | |
| | Del Cheeseburger™ | X | X | | | | | X | X | X | |
| | Deluxe Chili Cheddar Fries | X | | | | | | X | X | X | |
| | Double Del Cheeseburger® | X | X | | | | | X | X | X | |
| | Kid's Hamburger | | | | | | | X | X | X | |
| | Queso Loaded Fries | X | | | | | | X | X | X | |
| QUESADILLAS & NACHOS | Cheddar Quesadilla | X | | | | | | X | X | X | |
| | Chicken Cheddar Quesadilla | X | | | | | | X | X | X | |
| | Chicken Spicy Jack Quesadilla | X | | | | | | X | X | X | |
| | Chicken Quesadilla Snacker | X | | | | | | X | X | X | |
| | Kid's Quesadilla | X | | | | | | X | X | X | |
| | Queso Loaded Nachos (Beef) | X | | | | | | X | X | X | |
| | Queso Loaded Nachos (Carne Asada) | X | | | | | | X | X | X | |
| | Queso Loaded Nachos (Chicken) | X | | | | | | X | X | X | |
| | Mini Bacon Quesadilla | X | | | | | | X | X | X | |
| | Mini Cheddar Quesadilla | X | | | | | | X | X | X | |
| | Spicy Jack Quesadilla | X | | | | | | X | X | X | |

| | | Milk | Eggs | Fish | Shellfish | Tree Nuts | Peanuts | Wheat | Soybeans | Gluten | MSG |
|-----------------------------------|--|------|------|------|-----------|-----------|---------|-------|----------|--------|-----|
| DESSERTS & SHAKES | Cinnamon Churro | X | X | | | | | X | X | X | |
| | Caramel Cheesecake Bites | X | X | | | | | X | X | X | |
| | Chocolate Chip Cookies | X | X | | | | | X | X | X | |
| | Churro Dipper Shake | X | X | | | | | X | X | X | |
| | Premium Shake (Chocolate) | X | | | | | | | | | |
| | Premium Shake (Strawberry) | X | | | | | | | | | |
| Premium Shake (Vanilla) | X | | | | | | | | | | |
| HANDCRAFTED ENSALADAS | Chicken Bacon Avocado Salad | X | X | | | | | X | X | X | |
| | Mexican Chopped Chicken Salad | X | | | | | | X | X | X | |
| | Signature Taco Salad | X | | | | | | X | X | X | |
| PLATOS | Chicken Verde Wet Burrito | X | | | | | | X | X | X | |
| | Carne Asada Wet Burrito | X | | | | | | X | X | X | |
| | 2 Del Tacos (Beef) | X | | | | | | X | X | X | |
| | 2 Del Tacos (Turkey) | X | | | | | | X | X | X | |
| | 2 Street Tacos (Grilled Chicken) | X | | | | | | X | X | X | |
| | 2 Street Tacos (Carne Asada) | X | | | | | | X | X | X | |
| 2 Beer Battered Fish Tacos | X | X | X | | | | X | X | X | | |
| SIDES | Bean & Cheese Cup | X | | | | | | X | X | X | |
| | Potato Poppers (4 Piece) | X | | | | | | X | X | X | |
| | Potato Poppers (6 Piece) | X | | | | | | X | X | X | |
| BREAKFAST | Breakfast Roller (Bacon) | X | X | | | | | X | X | X | |
| | Breakfast Burrito | X | X | | | | | X | X | X | |
| | Breakfast Burrito (Bacon) | X | X | | | | | X | X | X | |
| | Breakfast Burrito (Carne Asada) | X | X | | | | | X | X | X | |
| | Breakfast Burrito (Chorizo) | X | X | | | | | X | X | X | |
| | Breakfast Taco (Bacon) | X | X | | | | | X | X | X | |
| | Breakfast Taco (Carne Asada) | X | X | | | | | X | X | X | |
| | Breakfast Taco (Chorizo) | X | X | | | | | X | X | X | |
| | Breakfast Taco (Egg & Cheese) | X | X | | | | | X | X | X | |
| | Breakfast Roller (Chorizo) | X | X | | | | | X | X | X | |
| | Breakfast Roller (Egg & Cheese) | X | X | | | | | X | X | X | |
| | Epic Scrambler (Bacon) | X | X | | | | | X | X | X | |
| | Epic Scrambler (Carne Asada) | X | X | | | | | X | X | X | |
| | Epic Scrambler (Chorizo) | X | X | | | | | X | X | X | |
| Epic Scrambler (Huevos Rancheros) | X | X | | | | | X | X | X | | |
| Hashbrown Sticks (5 pieces) | | | | | | | | | | | |
| DRINKS | Prima Java Hot Coffee | | | | | | | | | | |
| | Prima Java Iced Coffee | X | | | | | | | | | |
| | Milk (2%) | X | | | | | | | | | |
| | Simply Orange | | | | | | | | | | |
| | Bottled Water | | | | | | | | | | |
| Real Strawberry Lemonade | | | | | | | | | | | |
| FOUNTAIN DRINKS | Fountain Drink (Barq's Root Beer) | | | | | | | | | | |
| | Fountain Drink (Cherry Coke) | | | | | | | | | | |
| | Fountain Drink (Coca-Cola Zero) | | | | | | | | | | |
| | Fountain Drink (Coca-Cola) | | | | | | | | | | |
| | Fountain Drink (Diet Coke) | | | | | | | | | | |
| | Fountain Drink (Dr Pepper) | | | | | | | | | | |
| | Fountain Drink (Fanta Orange) | | | | | | | | | | |
| | Fountain Drink (Fuze Raspberry Ice Tea) | | | | | | | | | | |
| | Fountain Drink (Hi C Fruit Punch) | | | | | | | | | | |
| | Fountain Drink (Minute Maid Light Lemonade) | | | | | | | | | | |
| | Fountain Drink (Mr. Pibb Xtra) | | | | | | | | | | |
| | Fountain Drink (Power Aid Blue Mountain Blast) | | | | | | | | | | |
| | Fountain Drink (Sprite) | | | | | | | | | | |
| Gold Peak Tea | | | | | | | | | | | |