



DEL TACO MENU ITEMS ALLERGEN GUIDE (April 2017)

	Menu Item Name	ALLERGENS								SENSITIVITIES	
		Milk	Eggs	Fish	Shellfish	Tree Nuts	Peanuts	Wheat	Soybeans	Gluten	MSG
TACOS & TOSTADAS	Beer Battered Fish Taco	X	X	X				X	X	X	
	Street Taco (Carne Asada)	X									
	Street Taco (Chicken)	X						X	X	X	
	CrunchTada Tostada	X						X	X	X	
	Flatbread Taco (Carne Asada)	X						X	X	X	
	Flatbread Taco (Chicken)	X						X	X	X	
	Grilled Chicken Taco	X	X					X	X	X	
	The Del Taco (Crunchy)	X	X					X	X	X	
	The Del Taco (Soft)	X	X					X	X	X	
	The Turkey Del Taco (Crunchy)	X						X	X	X	
	The Turkey Del Taco (Soft)	X						X	X	X	
	Value Taco (Crunchy)	X						X	X	X	
	Value Taco (Soft)	X						X	X	X	
BURRITOS	1/2lb Bean & Cheese Burrito (Green)	X						X	X	X	
	1/2lb Bean & Cheese Burrito (Red)	X						X	X	X	
	8 Layer Veggie Burrito	X						X	X	X	
	Carne Asada Wet Burrito	X						X	X	X	
	Chicken Roller (Chipotle)	X	X					X	X	X	
	Chicken Roller (Original)	X						X	X	X	
	Chicken Roller (Ranch)	X	X					X	X	X	
	Chicken Verde Wet Burrito	X						X	X	X	
	Classic Grilled Chicken Burrito	X	X					X	X	X	
	Del Beef Burrito™	X						X	X	X	
	Del Combo Burrito™	X						X	X	X	
	Del Turkey Combo Burrito	X						X	X	X	
	Epic Bacon Ranch Chicken Avocado Burrito	X	X					X	X	X	
	Epic Cali Steak & Guac Burrito	X						X	X	X	
	Epic Carne Asada Burrito	X						X	X	X	
	Epic Grilled Chicken Avocado Burrito	X						X	X	X	
	Epic Steak & Potato Burrito	X	X					X	X	X	
	Jacked Up Value Bean, Rice & Cheese Burrito	X						X	X	X	
	Kid's Value Bean & Cheese Burrito (Green)	X						X	X	X	
	Kid's Value Bean & Cheese Burrito (Red)	X						X	X	X	
Macho Combo Burrito™	X						X	X	X		
Spicy Grilled Chicken Burrito	X						X	X	X		
FRESCA BOWLS	Avocado Veggie Bowl	X							X		
	Pollo Asado Avocado Bowl	X						X	X	X	
AMERICAN GRILL	Bacon Double Del Cheeseburger®	X	X					X	X	X	
	Carne Asada Fries	X	X								
	Cheeseburger	X						X	X	X	
	Chili Cheddar Fries	X						X	X	X	
	Crinkle-Cut Fries (Kids)										
	Crinkle-Cut Fries (Small)										
	Crinkle-Cut Fries (Medium)										
	Crinkle-Cut Fries (Macho)										
	Del Cheeseburger™	X	X					X	X	X	
	Deluxe Chili Cheddar Fries	X						X	X	X	
	Double Del Cheeseburger®	X	X					X	X	X	
	Kid's Hamburger							X	X	X	
	QUESADILLAS & NACHOS	Cheddar Quesadilla	X						X	X	X
Chicken Cheddar Quesadilla		X						X	X	X	
Chicken Spicy Jack Quesadilla		X						X	X	X	
Kid's Quesadilla		X						X	X	X	
Macho Nachos® (Beef)		X						X	X	X	
Macho Nachos® (Carne Asada)		X						X	X	X	
Macho Nachos® (Chicken)		X						X	X	X	
Mini Bacon Quesadilla		X						X	X	X	
Mini Cheddar Quesadilla		X						X	X	X	
Nachos		X							X		
Spicy Jack Quesadilla		X						X	X	X	

		Milk	Eggs	Fish	Shellfish	Tree Nuts	Peanuts	Wheat	Soybeans	Gluten	MSG
DESSERTS & SHAKES	Cinnamon Churro	X	X					X	X	X	
	Caramel Cheesecake Bites (2 Piece)	X	X					X	X	X	
	Caramel Cheesecake Bites (4 Piece)	X	X					X	X	X	
	Chocolate Chip Cookies (1 Cookie)	X	X					X	X	X	
	Chocolate Chip Cookies (3 Cookies)	X	X					X	X	X	
	Chocolate Chip Cookies (12 Cookies)	X	X					X	X	X	
	Premium Shake (Chocolate)	X									
	Premium Shake (Strawberry)	X									
	Premium Shake (Vanilla)	X									
	Premium Shake (Large Chocolate)	X									
Premium Shake (Large Strawberry)	X										
Premium Shake (Large Vanilla)	X										
HANDCRAFTED ENSALADAS	Chicken Bacon Avocado Salad	X	X					X	X	X	
	Mexican Chopped Chicken Salad	X						X	X	X	
	Signature Taco Salad	X						X	X	X	
PLATOS	Chicken Verde Wet Burrito	X						X	X	X	
	Carne Asada Wet Burrito	X						X	X	X	
	2 Street Tacos (Grilled Chicken)	X						X	X	X	
	2 Street Tacos (Carne Asada)	X						X	X	X	
	2 Beer Battered Fish Tacos	X	X	X				X	X	X	
SIDES	Bean & Cheese Cup	X						X	X	X	
	Potato Poppers (4 Piece)	X						X	X	X	
	Potato Poppers (6 Piece)	X						X	X	X	
BREAKFAST	Breakfast Roller (Bacon)	X	X					X	X	X	
	Breakfast Burrito	X	X					X	X	X	
	Breakfast Burrito (Bacon)	X	X					X	X	X	
	Breakfast Burrito (Carne Asada)	X	X					X	X	X	
	Breakfast Burrito (Chorizo)	X	X					X	X	X	
	Breakfast Taco (Bacon)	X	X					X	X	X	
	Breakfast Taco (Carne Asada)	X	X					X	X	X	
	Breakfast Taco (Chorizo)	X	X					X	X	X	
	Breakfast Taco (Egg & Cheese)	X	X					X	X	X	
	Breakfast Roller (Chorizo)	X	X					X	X	X	
	Breakfast Roller (Egg & Cheese)	X	X					X	X	X	
	Epic Scrambler (Bacon)	X	X					X	X	X	
	Epic Scrambler (Carne Asada)	X	X					X	X	X	
	Epic Scrambler (Chorizo)	X	X					X	X	X	
Epic Scrambler (Huevos Rancheros)	X	X					X	X	X		
Hashbrown Sticks (5 pieces)											
DRINKS	Prima Java Hot Coffee										
	Prima Java Iced Coffee	X									
	Prima Java Iced Coffee (Large)	X									
	Milk (2%)	X									
	Simply Orange										
	Bottled Water										
	Fountain Drink (Real Strawberry Lemonade)										
FOUNTAIN DRINKS	Fountain Drink (Barq's Root Beer)										
	Fountain Drink (Cherry Coke)										
	Fountain Drink (Coca-Cola Zero)										
	Fountain Drink (Coca-Cola)										
	Fountain Drink (Diet Coke)										
	Fountain Drink (Dr Pepper)										
	Fountain Drink (Fanta Orange)										
	Fountain Drink (Fuze Raspberry Ice Tea)										
	Fountain Drink (Hi C Fruit Punch)										
	Fountain Drink (Minute Maid Light Lemonade)										
	Fountain Drink (Mr. Pibb Xtra)										
	Fountain Drink (Power Aid Blue Mountain Blast)										
	Fountain Drink (Sprite)										
	Gold Peak Tea										